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Title: Extraction and quantification of Ole e 1 from atmospheric air samples: an optimized protocol

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Section/Category: Toxicology and Risk Assessment

Keywords: allergens; aerobiology; olive pollen

Corresponding Author: Dr. Marta Recio, Ph.D.

Corresponding Author's Institution: University of Malaga

First Author: José García-Sánchez, Ph. Dr.

Order of Authors: José García-Sánchez, Ph. Dr.; M. Mar Trigo, Ph. Dr.; Marta Recio, Ph.D.

Abstract: Olive pollen is the main cause of pollinosis in Mediterranean countries. The immunological analysis of Ole e 1, the major allergen of *Olea europaea*, has usually carried out by means of ELISA (Enzyme-Linked ImmunoSorbent Assay). However, most published works only specify the methodology related to antigen quantifications, but not the related to protein extraction. Furthermore, the results obtained are not compared with different buffers or modifications of them. The main aim of this study is to obtain an optimized and reproducible ELISA protocol for quantifications of Ole e 1 in the atmosphere. The study of Ole e 1 allergen and olive pollen in the atmosphere of Malaga (Spain) was carried out by means of an automatic multi-vial cyclonic sampler and a Hirst volumetric pollen trap, respectively. ELISA was tuned up on the basis of previously published protocols to quantify this allergen. Variations in the concentrations of capture and detection antibodies, as well as in the buffers used to carry out the extraction, were evaluated. The highest protein extraction was obtained when a modified buffer was applied. The correlation analysis between daily pollen concentrations and allergen quantifications showed highly significant values. The ELISA protocol, together with the buffer combination proposed in this work, considerably reduced the concentrations of capture and detection antibodies used for quantifying Ole e 1 in the atmosphere, allowing detect this allergen even in days in which the airborne pollen concentration was very low or null.

Dear Editor,

We are sending you a manuscript entitled “Extraction and quantification of Ole e 1 from atmospheric air samples: an optimized protocol” for its possible publication in Chemosphere.

All the results and conclusions presented in this work were part of the doctoral thesis presented by Dr García-Sánchez. The writing of this article has been carried out by this author, supervised by Dr Trigo, who was his thesis supervisor and by Dr Recio, researcher of the Aerobiology Group of the University of Malaga, who contributed with her remarkable experience in the field of statistics for the analysis of the results of this work.

The authors of the manuscript declare there are not conflict of interest in publishing this paper.

Best regards

Marta Recio, José García Sánchez and M<sup>a</sup> del Mar Trigo

1 **Title: Extraction and quantification of Ole e 1 from atmospheric air samples: an optimized**  
2 **protocol**

3 **Author names:** José García-Sánchez, M<sup>a</sup> del Mar Trigo, Marta Recio

4 **Author affiliations:** Department of Plant Biology, Faculty of Sciences, University of Malaga,  
5 Campus de Teatinos s/n, Malaga-29071, Spain.

6 **e-mail of the corresponding author:** martarc@uma.es (M. Recio)

7 **e-mail of the others authors:** jgarcias@uma.es (J. García-Sánchez); aerox@uma.es (M.M.  
8 Trigo)

9 **Abstract**

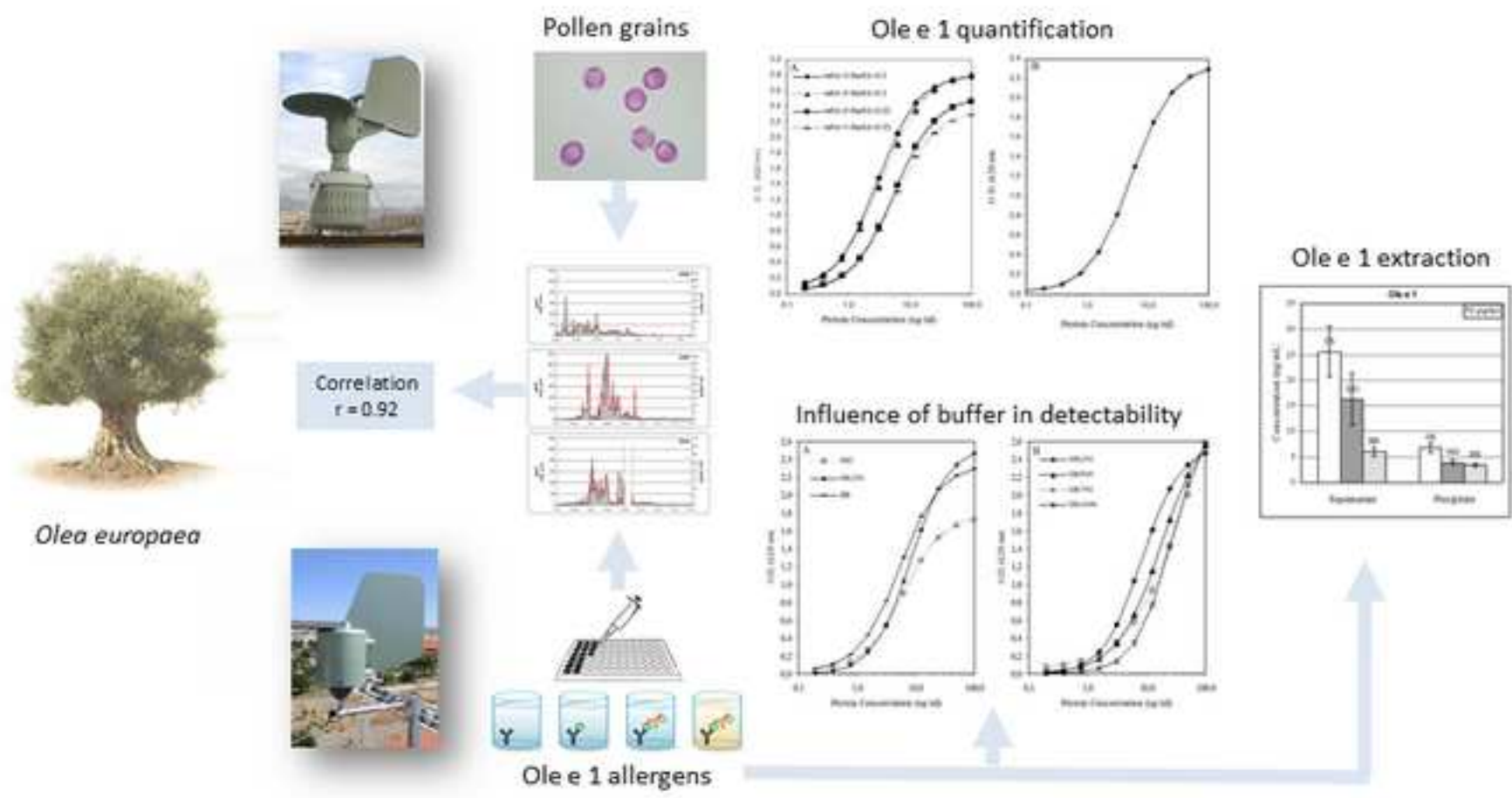
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26 the airborne pollen concentration was very low or null.

27

28 **Keywords:** allergens, aerobiology, olive pollen

29



### **Highligh**

Olive pollen is one the main cause of pollinosis in Mediterranean countries.

This paper offer a detailed methodology to extract and quantify the Ole e 1 allergen.

Antibodies concentrations used have been reduced considerably, reducing also the cost.

The proposed protocol allows quantify Ole e 1 even in days with zero record of pollen.

This research shows different alternatives for extracting Ole e 1 from air samples.

Figure 1  
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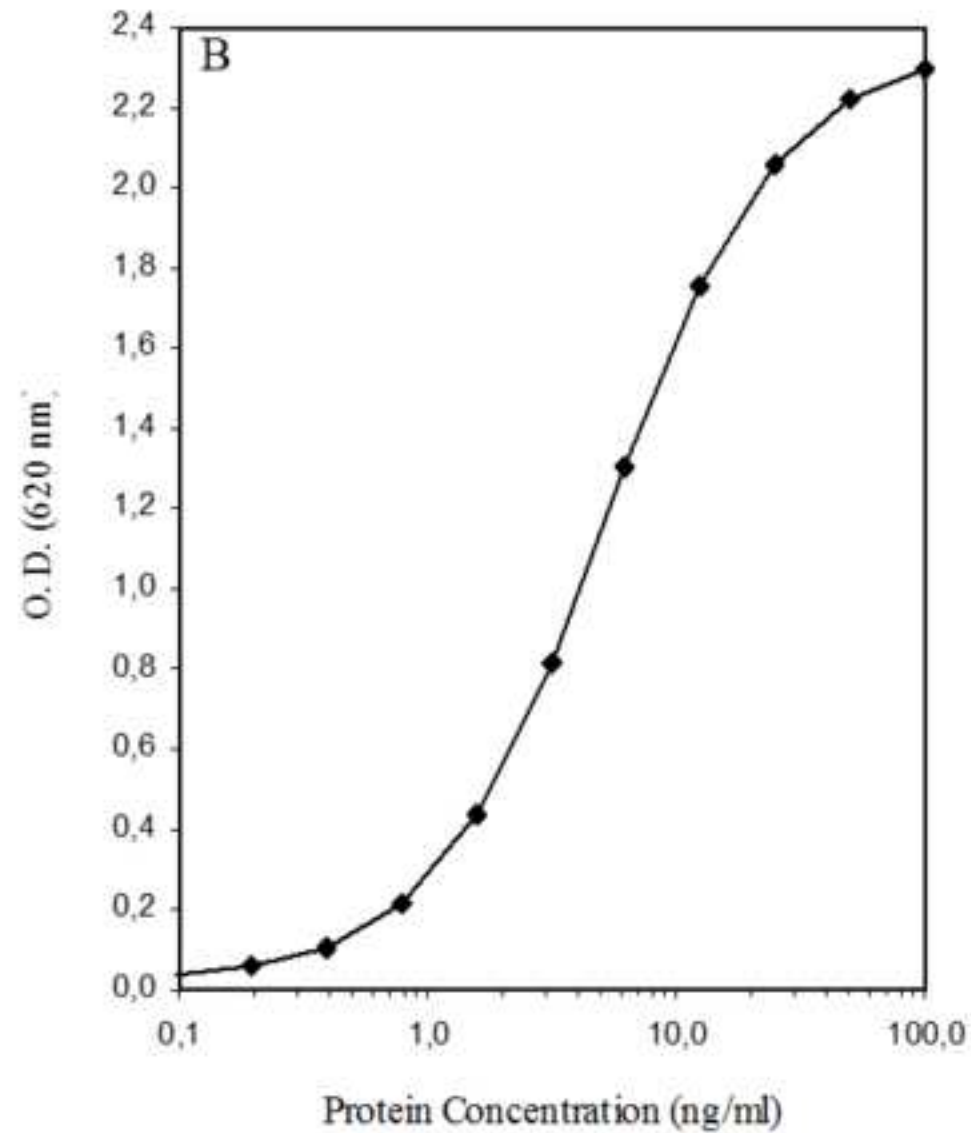
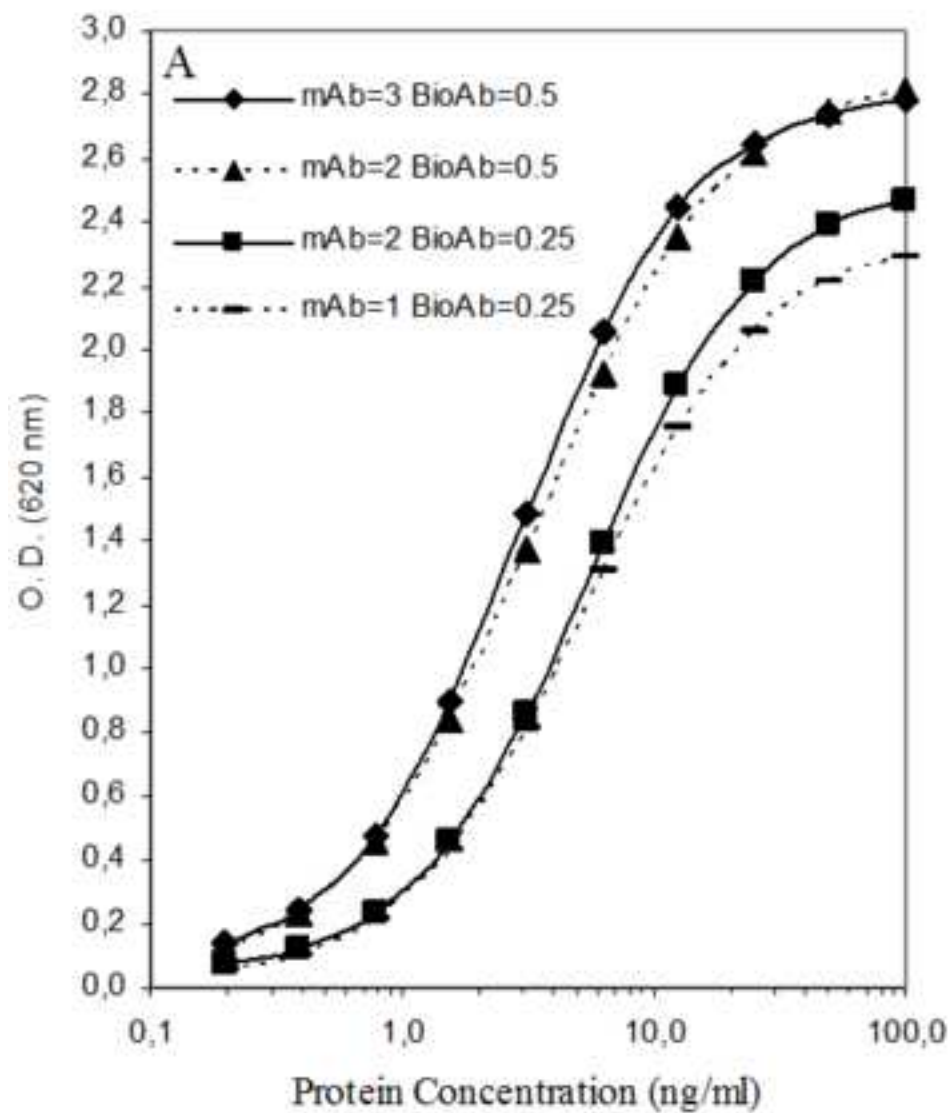


Figure 2  
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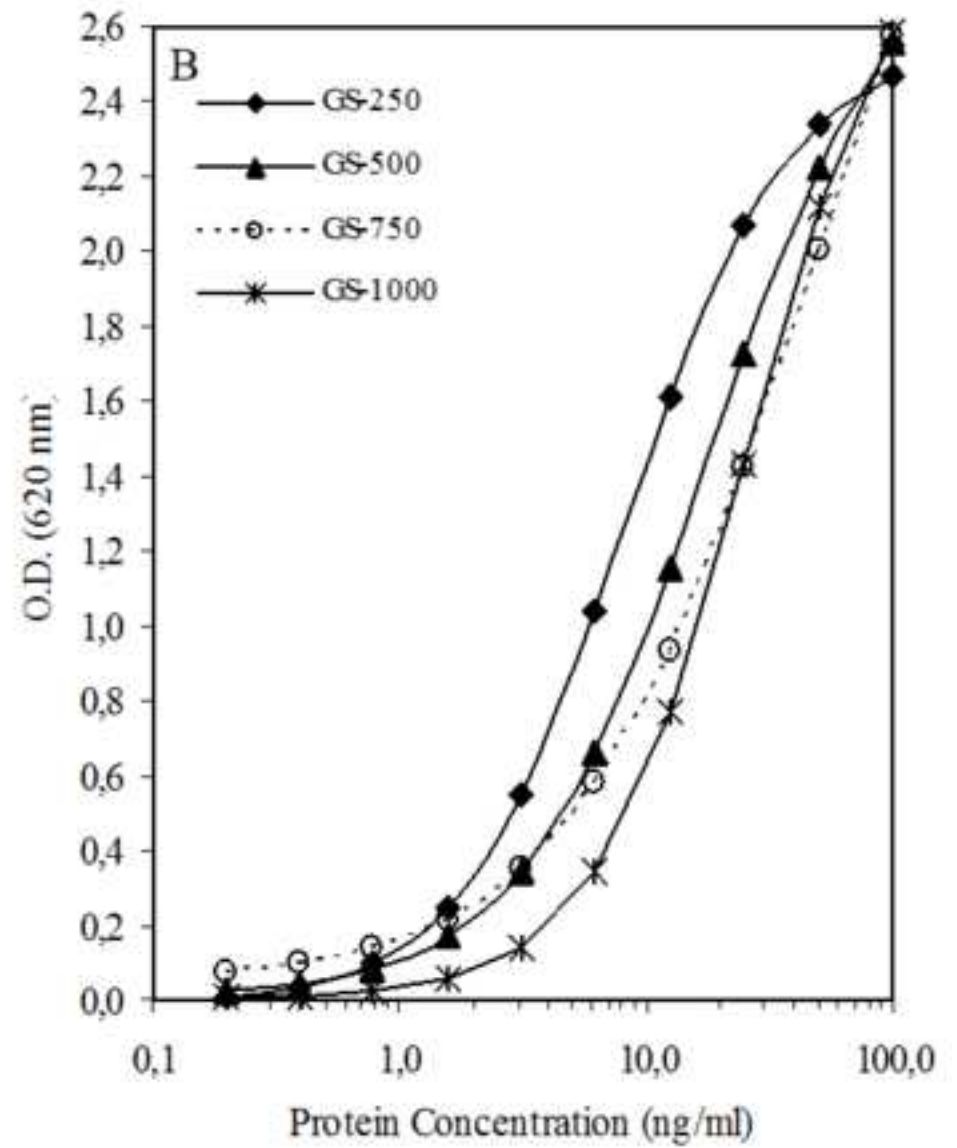
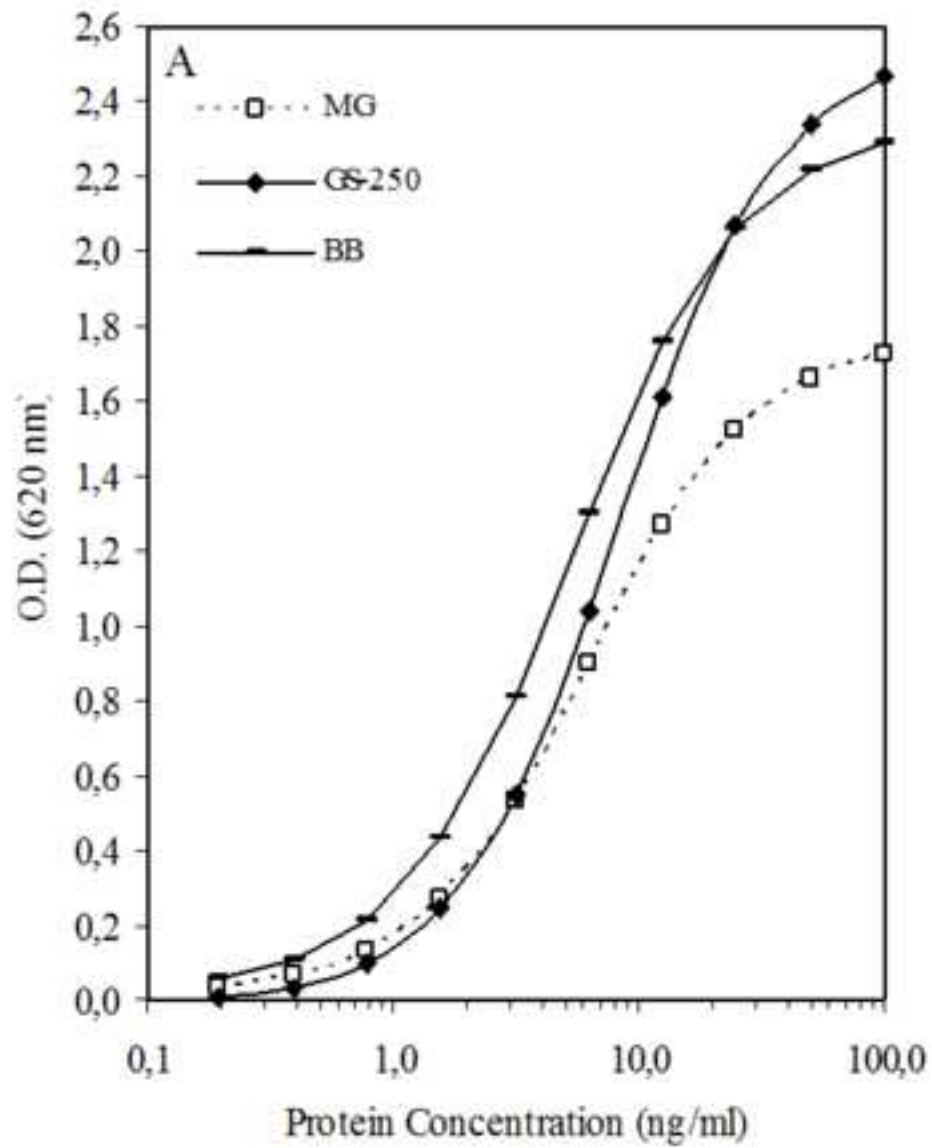


Figure 3  
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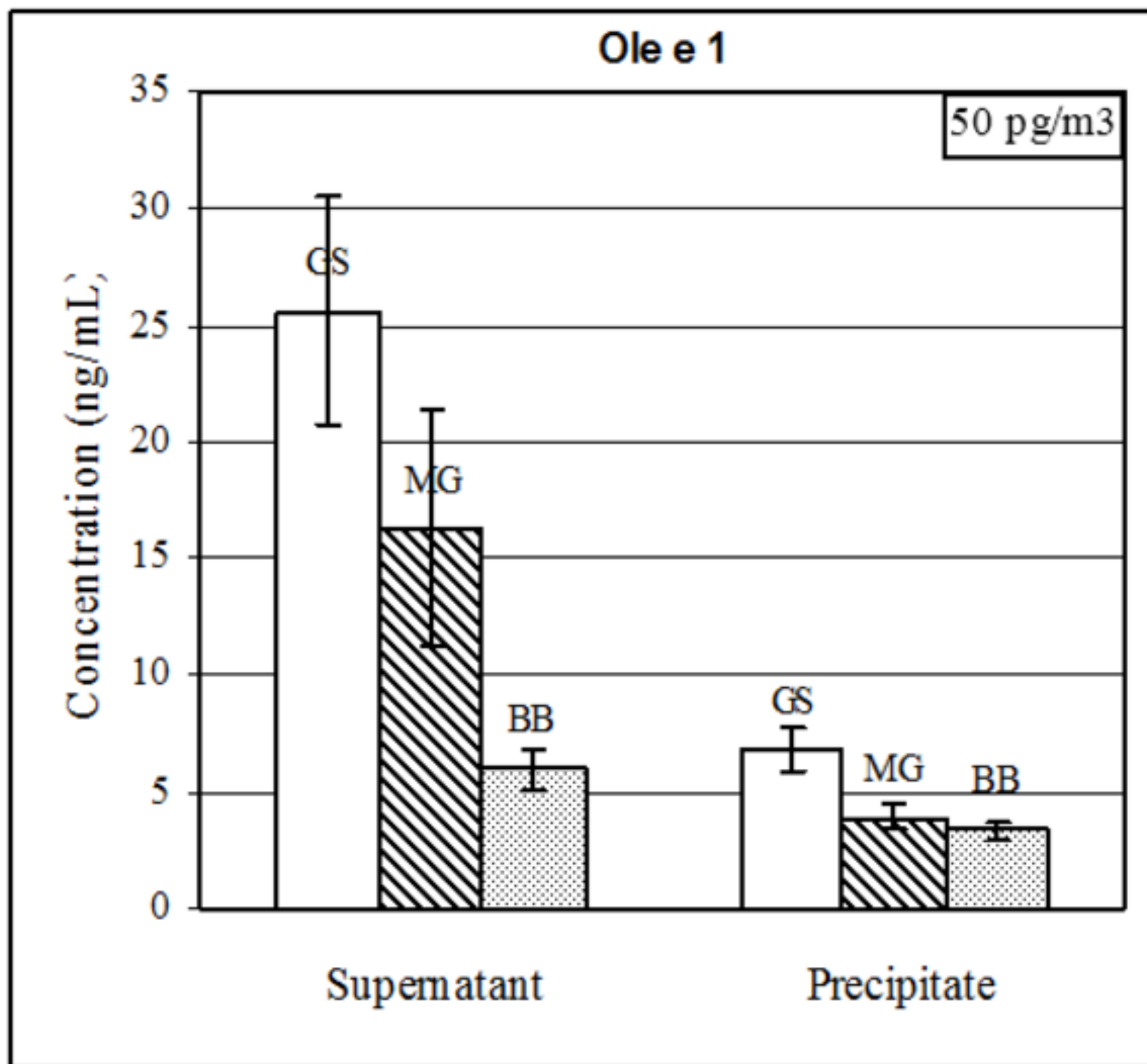


Figure 4

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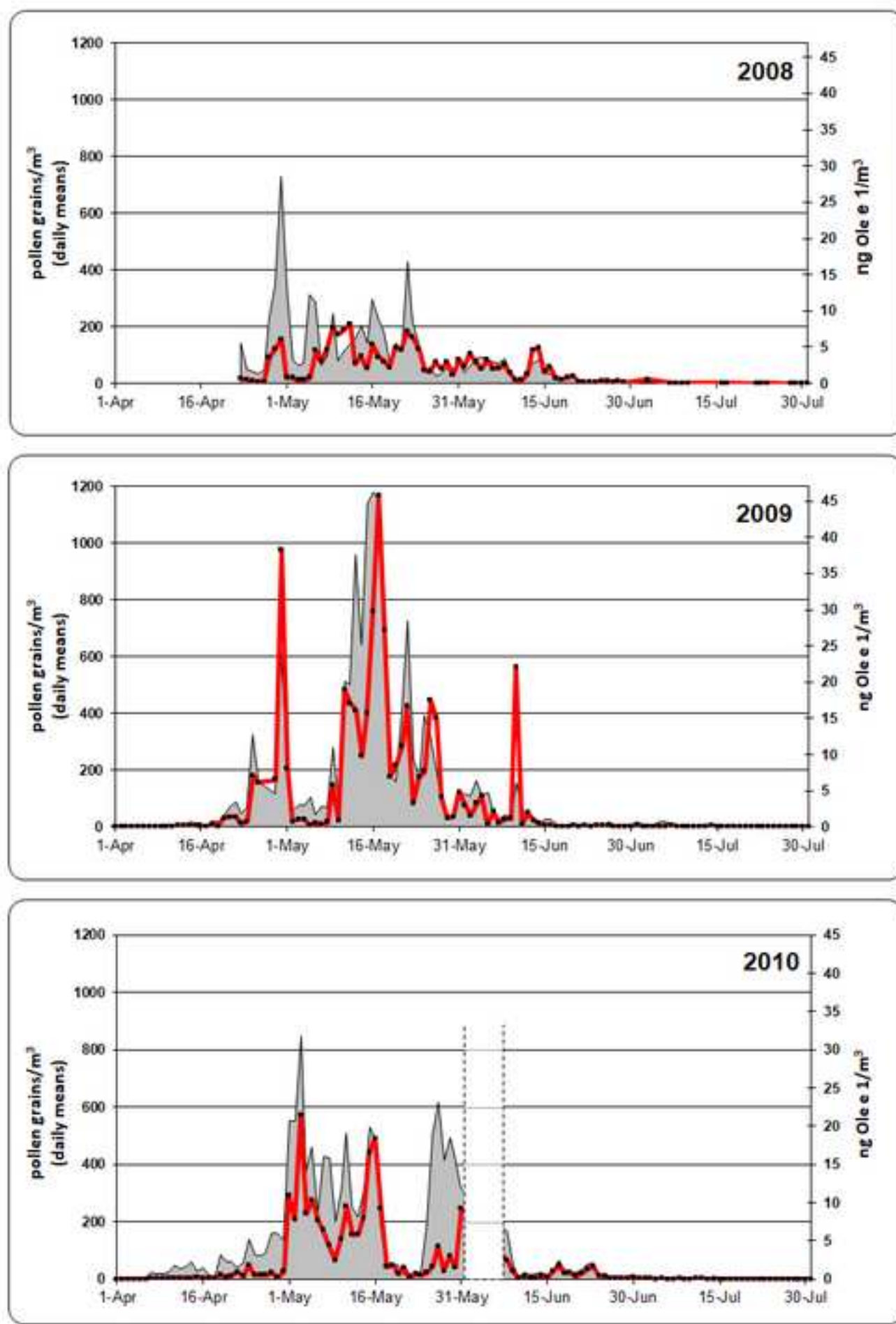
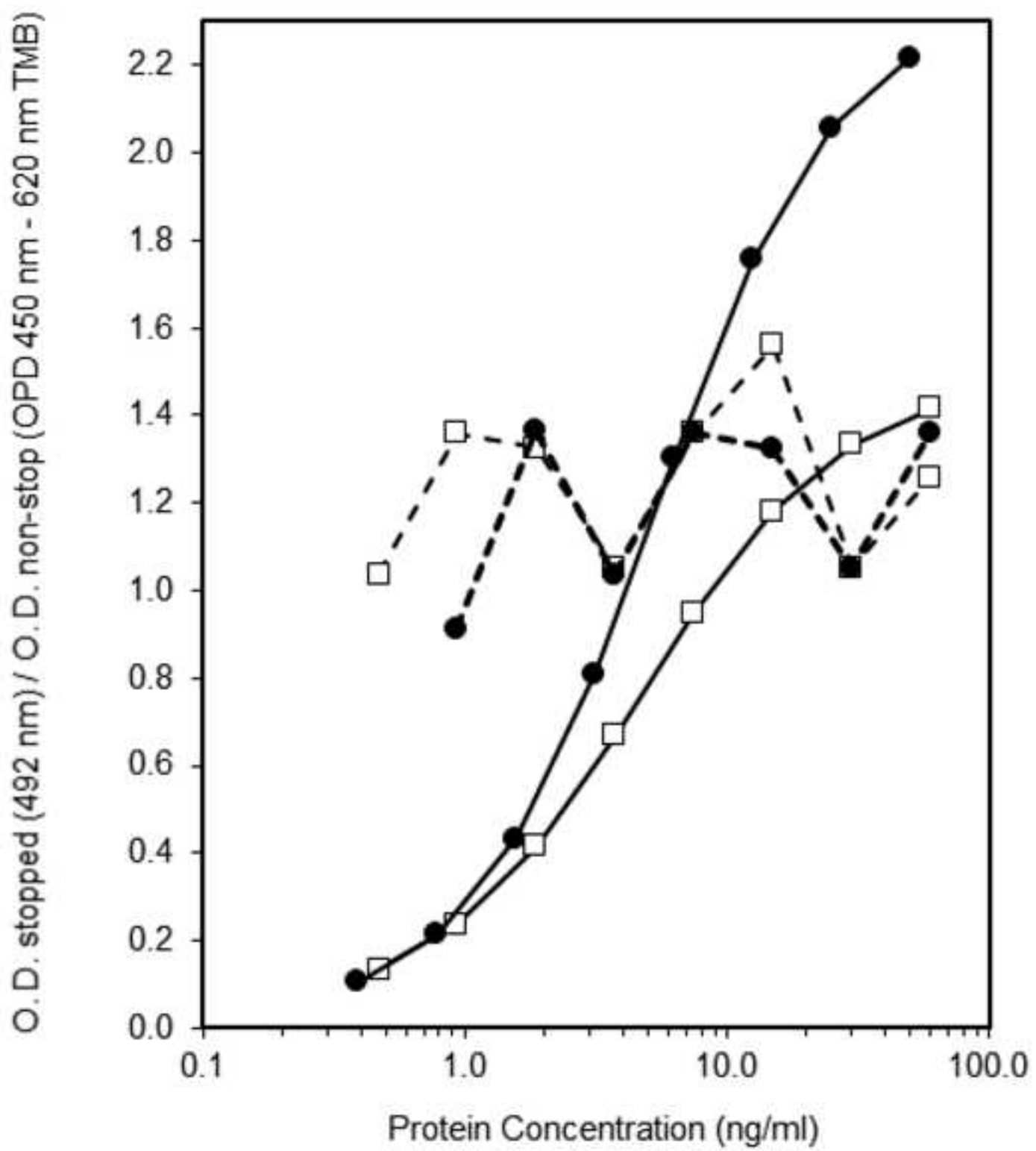


Figure 5

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**Table 1**

Period		April 23 <sup>th</sup> -July 31 <sup>st</sup> 2008	April 1 <sup>st</sup> -July 31 <sup>st</sup> 2009	April 1 <sup>st</sup> -July 31 <sup>st</sup> 2010
Pollen (pg/m <sup>3</sup> )	Sum	7391	14756	12405
	Peak Day	730 (April 30 <sup>th</sup> )	1179 (May 16 <sup>th</sup> )	847 (May 3 <sup>rd</sup> )
Allergen (ng/m <sup>3</sup> )	Sum	173.63	439.93	213.12
	Peak Day	8.26 (May 12 <sup>th</sup> )	45.69 (May 17 <sup>th</sup> )	21.39 (May 3 <sup>rd</sup> )
Spearman correlation	Total	0.872 <sup>***</sup> (89)	0.922 <sup>***</sup> (121)	0.911 <sup>***</sup> (115)
	MPS	0.706 <sup>***</sup> (64)	0.916 <sup>***</sup> (70)	0.804 <sup>***</sup> (62)

Dear editor,

Thank you very much for accepting our manuscript with moderate revision.

You can find below the responses (blue text) to all the comments made by the reviewers.

Reviewer #1: The paper "Extraction and quantification of Ole e 1 from atmospheric air samples: an optimized protocol" is an original article because it permit to have a look on the difference of some results due to the protocol used.

For me, this article is accepted with some minor revisions:

- lines 75-78: even if it described in the references, it will be nice that the authors add 3 to 6 lines about the equipment and devices used for the study.

The devices used for this study have been described and cited in the manuscript in the section "2.4 Pollen and airborne allergen monitoring" (page 8, lines 160-163). In addition, its work is also discussed on page 6, lines 121-123. We think that describing the devices again in the section proposed by the reviewer would be a little redundant.

- line 168: it is written that in 2008, the sampler started later, it may be preferable that in the figure 4 all the three graphs begin and stop at the same dates. Why on the graph of 2010, some data at the beginning of June are missing?

Done. Now, all the graphs begin and stop at the same dates and the missing data have been explained in the figure caption (page 20, line 447). In addition, minor errors have been corrected in Figure 4: text of the Y axis and months in the X axis.

- line 255: I don't find in the bibliography the reference Mahendra K. Agarwall et al 1984!

Changed to Agarwall et al., 1984.

Reviewer #2: Manuscript Number: CHEM59126

Title: Extraction and quantification of Ole e 1 from atmospheric air samples: an optimized protocol.

The paper aims to obtain an optimized and reproducible protein extraction protocol for the quantification of Ole 1 in the atmosphere by means ELISA. The manuscript deserves publication as it is well planned, structured, well written and discussed. After a careful revision, I detected several very specific weaknesses:

1. The references used in the Introduction chapter are quite old. Please to update.

Done

2. To avoid refer to Figures and Tables in the Discussion chapter, please delete.

We have added references to figures and tables in the discussion chapter because due to the complexity and variety of the experiments and results, we thought that it would greatly facilitate the reader to understand and interpret them. We would like to keep those

references. But, if the editor does not consider suitable to include them, we will proceed to remove them.

3. In the lines 264 to 266 the authors comment: "Therefore, we decided to use TMB in the assays instead OPD, but without stopping the reaction, since it was the combination with which the best results were obtained (data not shown)."

Please to include some data and a figure supporting this affirmation.

This paragraph has been modified and a new figure has been added to illustrate these experiments (page 12, line 266-273). This is figure 5 and its correspondent caption has been incorporated to the ms. (page 20, line 448-451)

4. The reference Mahendra K. Agarwal et al. 1984 is cited in the text but not in the reference chapter.

Changed to Agarwall et al., 1984.

5. Please to delete "F. T." from the references "F. T. Spieksma et al. 1995; F. T. M. Spieksma et al. 1990" in the line 257 of the text

Done

1 **Title: Extraction and quantification of Ole e 1 from atmospheric air samples: an optimized**  
2 **protocol**

3 **Author names:** José García-Sánchez, M<sup>a</sup> del Mar Trigo, Marta Recio

4 **Author affiliations:** Department of Plant Biology, Faculty of Sciences, University of Malaga,  
5 Campus de Teatinos s/n, Malaga-29071, Spain.

6 **e-mail of the corresponding author:** martarc@uma.es (M. Recio)

7 **e-mail of the others authors:** jgarcias@uma.es (J. García-Sánchez); aerox@uma.es (M.M.  
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9 **Abstract**

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26 the airborne pollen concentration was very low or null.

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28 **Keywords:** allergens, aerobiology, olive pollen

29

## 30 **1. Introduction**

31 Currently, more than 25% of the population in industrialized countries has Type I allergic  
32 disorders such as rhinitis, atopic rhinoconjunctivitis and bronchial asthma (Asher et al. 2014;  
33 Beasley et al. 1998; Burney et al. 1996; Ojeda et al. 2018). Pollen grains and other small  
34 airborne particles are some of the main agents responsible for these diseases (D'Amato et al.  
35 1998, 2016; D'Amato and Spiekma 1990; Jalbert and Golebiowski 2015; Solomon and  
36 Mathews 1978). Traditionally, the allergenic potential of the atmosphere has been studied with  
37 the aid of different types of particles samplers, being the Hirst and Rotorod types the most used  
38 (Hirst 1952; Ogden and Raynor 1967). Once the samples are obtained, pollen grains and spores  
39 are counted and their results transformed into “number of biotic particles per cubic meter of  
40 air”. However, the antigenic content of these particles may vary highly and be influenced by  
41 atmospheric and transport conditions. For this reason, it is essential to use optimal and  
42 standardized methodologies for detection and quantification of the main aeroallergens capable  
43 of causing pollinosis in the population.

44 One of the first studies carried out in order to detect airborne pollen allergens was conducted on  
45 ragweed in 1972 by means of “passive transfer antigen neutralization techniques” (Busse et al.  
46 1972). Later on, in 1981, ragweed allergens were again studied, as well as *Alternaria* spore  
47 allergens but, this time, using RAST-type analysis (Agarwal et al. 1981). It was not until 1994  
48 when the first studies about pollen allergens in the atmosphere were published by using  
49 enzyme-linked immunosorbent assay (ELISA). These studies were carried out against *Betula*  
50 allergens (Pehkonen and Rantio-Lehtimäki 1994; Rantio-Lehtimäki et al. 1994). Two years  
51 later, in 1996, the first studies made with Sandwich ELISA, a test specially designed for the  
52 quantification of specific allergens, were presented against Bet v 1 and Phl p 5 allergens  
53 (Schäppi et al. 1996). Thenceforth, many studies have been carried out in order to quantify  
54 pollen allergens in the atmosphere (Jato et al. 2010; Moreno-Grau et al. 2006; Plaza et al. 2016;  
55 Schäppi et al. 1997). The main goal of this study was to obtain an optimized and reproducible

56 ELISA protocol for the quantification of Ole 1 in the atmosphere, which has a high incidence in  
57 the Mediterranean region and some North America areas (Bousquet et al. 1985).

58 An important and very common issue to deal with when we try to find a detailed and proper  
59 methodology to process the samples, is the isolation and preservation of the proteins they  
60 contain. Usually, most of the published works only specify the methodology related to the  
61 antigen quantifications, but not that related to the protein extraction from the samples.  
62 Additionally, when the extraction methodology is specified, the results obtained are not  
63 compared with different buffers or modifications of them, which does not offer possible  
64 alternatives, depending on the allergens we want to study, since not all buffers affect in the same  
65 way the extraction and stability of proteins.

## 66 **2. Materials and Methods**

67 In this paper, different alternatives for extraction and quantification of the allergen Ole e 1 have  
68 been tested. For this purpose, a Sandwich ELISA test for Ole e 1 was developed, estimating  
69 what antibody concentrations were the most adequate to determinate the corresponding  
70 antigenic concentration in aerobiological samples.

71 Protein extractions were performed from controls of purified olive pollen by means of the use of  
72 different extraction buffers, in order to optimize the extraction of the allergen Ole e 1 from  
73 pollen grains contained in the air samples. In addition, the effect of these buffers on the  
74 behaviour of the ELISA standard curve was studied, and the most appropriate alternative was  
75 proposed, depending on the variations observed in the detectability and sensitivity of the assays.

76 The air samples for protein quantification were taken from the atmosphere of Malaga (southern  
77 Spain) during the years 2008, 2009 and 2010 and carried out by using a cyclonic sampler, which  
78 is an optimal device for this type of samplings, previously used in numerous studies (Fernández-  
79 González et al. 2013; Jato et al. 2010; Plaza et al. 2016; Takahashi et al. 2001). These results  
80 were compared with *Olea europaea* pollen counts, obtained by means of a Hirst type volumetric  
81 pollen trap during the same period of study.

82 *2.1. Ole e 1 allergen quantification by means of Sandwich ELISA*

83 In order to quantify the allergen Ole e 1 by sandwich ELISA, monoclonal antibodies (mAb), as  
84 capture antibodies, and biotinylated polyclonal antibodies (BioAb), as detection antibodies,  
85 have been used. Besides this, sensitivity, detectability and antigenic determination range at  
86 different concentrations of these antibodies have been compared. Both, antibodies and purified  
87 antigens used for the calibration curves, were supplied by Bial-Arístegui (Bilbao, Spain).

88 Protocol:

89 The different concentrations of the capture and detection antibodies (for standard curve) tested  
90 for the determination of Ole e 1 was the following:

- 91 - 3 µg/mL mAb and 0.5 µg/mL BioAb
- 92 - 2 µg/mL mAb and 0.5 µg/mL BioAb
- 93 - 2 µg/mL mAb and 0.25 µg/mL BioAb
- 94 - 1 µg/mL mAb and 0.25 µg/mL BioAb

95 The concentration range of the standard curve for Ole e 1 allergen was from 100 to 0.195  
96 ng/mL.

97 Initially, 100 µl of the capture antibody in phosphate buffered saline (PBS), pH 7.4, are added to  
98 flat bottom 96-well plates (Costar® 3590, Corning Incorporated, USA) and then incubated  
99 covered and sealed with parafilm for at least 12 hours at 4°C in humidity chamber. The liquid is  
100 then removed from the plate and 200 µl of blocking buffer (BB), pH 7.4, are added. BB is  
101 constituted by PBS, 0.05% Tween 20 and 1% bovine serum albumin (BSA, Amersham  
102 RPN412, GE Healthcare, UK). Then, the plate is incubated for one hour at 37°C.

103 The Ole e 1 allergen standard curve was obtained with this purified protein diluted in BB.  
104 Purified proteins of Ole e 1 were diluted sequentially 1:2 in a concentration range of 100 to  
105 0.195 ng/mL and incubated for 2 hours at 37°C.

106 Subsequently, three washes are carried out with PBS plus Tween 20 (PBS-T) for 2 minutes  
107 each. After that, 100 µL of biotinylated antibody in BB buffer are added and incubated for 1  
108 hour at 37° C. Three additional washes are performed with PBS-T and then 100 µL of

109 Streptoavidin-Peroxidase (SIGMA S5512, Sigma-Aldrich®, USA) diluted in BB buffer at a  
110 concentration of 0.25µg/mL are added, followed of incubation for 1 hour at 37° C. Finally, 3  
111 more washes with PBS-T are performed and 100 µL of 3,3 ', 5,5'-tetramethylbenzidine (TMB,  
112 SIGMA T0440, Sigma-Aldrich®, USA) added, and the well-plates incubated for 30 minutes in  
113 darkness at room temperature. Absorbance at 620 nm was measured by using a microplate  
114 reader (Thermo, Multiskan EX), without stopping the reaction and avoiding pH changes.

## 115 2.2. Protein extraction from pollen grains

116 In order to study the extraction of the antigen Ole e 1, known concentrations of purified pollen,  
117 supplied by Iber-Polen (Jaen, Spain), were used. For this, dilutions of pure pollen stocks of *Olea*  
118 *europaea* L. were prepared to set homogeneous samples that simulated a day in which 50 pollen  
119 grains/m<sup>3</sup> of air were detected in the atmosphere, this concentration being equivalent to one day  
120 with moderate pollen concentration in the Mediterranean region. Therefore, we can compare, in  
121 a uniform way, the protein concentrations obtained with any extraction buffer.

122 For this work, the simulation of a 24-hour sampling, performed with a Cyclone trap (Holmes  
123 and Emberlin 1994) was used as reference. The total volume of air aspirated in 24 hours by this  
124 device is 23.76 m<sup>3</sup>, since it sucks 16.5 L of air per minute. For the analysis, the whole sample  
125 remaining deposited in an Eppendorf tube is resuspended in 1 mL of extraction buffer.  
126 Therefore, the pollen concentration used to perform the protein extractions in one day with a  
127 concentration of 50 grains of pollen/m<sup>3</sup> of air was 1188 pollen grains/mL (50 pollen grains x  
128 23.76 m<sup>3</sup> of air).

129 The homogeneous pollen samples of 1188 pollen grains/mL to which compare the effect of the  
130 different extraction buffers were obtained by adding 1 mg of purified pollen in 1 mL of distilled  
131 water with a 2% of Tween 20 (to avoid the pollen grains form aggregates) and then counting the  
132 pollen grains with the aid of a Neubauer Chamber. Therefore, we obtained the number of pollen

133 grains per mL that, subsequently, was adjusted by dilution to the concentration of 1188 pollen  
134 grains/mL in order to perform the extractions.

135 The extractions were performed with three different types of buffers, which are called in this  
136 work as MG, GS and BB.

137 - MG buffer: proposed by Moreno-Grau et al. (2006). It is composed by 50 mM phosphate  
138 buffer, pH 7.4, 125 mM (NH)<sub>4</sub>HCO<sub>3</sub>, 150 mM NaCl, 3 mM EDTA and 0.005% Tween 20.  
139 The extraction methodology proposed by the aforementioned authors was followed in its  
140 entirety.

141 - GS buffer: it has the same composition as MG buffer, but with the following modifications:  
142 250 mM (NH)<sub>4</sub>HCO<sub>3</sub>, 1% Tween 20 and 0.5% BSA.

143 - BB buffer (blocking buffer): consisting of PBS, 0.05% Tween 20 and 1% BSA.

144 All the incubations were made in a total volume of 1 mL, in Eppendorf tubes, for 2 hours, at  
145 room temperature and shaking the tubes every 30 minutes. They were then centrifuged at 8000 g  
146 for 10 minutes in the case of MG and at 13800 g for 15 minutes in the cases of GS and BB.  
147 Both the supernatant and the precipitate were stored in the freezer at -20°C.

148 The estimation of Ole e 1 concentration by the proposed ELISA, when extracting with a  
149 determined buffer, was carried out by three replicates and always extrapolating to the standard  
150 curves, incubated with the same extraction buffer.

### 151 *2.3. Influence of buffers on detectability and sensitivity of the ELISA*

152 For determining the viability of MG, GS and BB buffers in ELISAs, its effects on the  
153 detectability and sensitivity were evaluated. In the case of GS buffer, four variants were tested  
154 in which concentrations of (NH)<sub>4</sub>HCO<sub>3</sub> were progressively increased, these being 250, 500, 750

155 and 1000 mM. The antigens used in each ELISA were Ole e 1 purified proteins, supplied by the  
156 company Bial-Arístegui.

#### 157 *2.4. Pollen and airborne allergen monitoring*

158 The study of quantification of pollen and allergens in the atmosphere of Malaga was carried out  
159 with two volumetric samplers. Airborne pollen samplings were performed by using a Hirst-type  
160 volumetric spore trap (Hirst 1952) by Lanzoni, model VPSS 2000 (Bologna, Italia). Airborne  
161 allergen samplings were performed with the aid of an automatic multi-vial Cyclone sampler  
162 (Holmes and Emberlin 1994) by Burkard® (Burkard Manufacturing Co Ltd, Hertfordshire,  
163 England).

164 Both samplers were located on the roof of the Biology building of the Faculty of Sciences,  
165 University of Malaga, at coordinates 30SUF6847564395 (Datum ETRS89), at a height of 60  
166 meters above sea level and 15 meters above ground level.

167 The sampling period for both devices took place from April to July, both inclusive, (olive  
168 flowering season) of the years 2008, 2009 and 2010. Due to technical problems, the Cyclone  
169 sampler started to work a little later, on April 23<sup>th</sup> 2008 and, occasionally, we do not have  
170 samplings for a few days during the rest of the studied period either.

171 For the preparation, assembly, conservation and analysis of the airborne pollen samples, taken  
172 with the Hirst-type sampler, we followed the methodology proposed by the Spanish  
173 Aerobiology Network, REA in its acronym in Spanish, in its Management and Quality Manual  
174 (Galán et al. 2007)

175 In order to observe the relationship between pollen concentrations and their respective allergen  
176 levels, the results obtained during the entire study period, as well as during the Main Pollen  
177 Season or MPS (95% accumulated pollen in the year) (Pathirane 1975), was compared by using  
178 the Spearman correlation test since the data did not fit a normal distribution. The Kolmogorov-  
179 Smirnov test was used to check the normality of the data.

### 180 **3. Results**

181 3.1. *Ole e 1* quantification by means of ELISA

182 When comparing the effect of different concentrations of capture and detection antibodies, it  
183 can be observed that the most important factor in the detectability of the assay is biotinylated  
184 antibodies, the detectability being greater the higher the concentration of the antibodies is (Fig.  
185 1A). Variations in ELISA sensitivity were hardly observed when the concentrations of capture  
186 antibodies varied (Fig. 1A).

187 In the dose-response standard curve of *Ole e 1* at concentration of 1 µg/mL for the capture  
188 monoclonal antibody, and 0.25 µg/mL for the detection biotinylating polyclonal antibody (Fig.  
189 1B), we obtained a maximum intra-assay coefficient of variation (CV) of 6.6% (n= 16) and a  
190 maximum inter-assay CV of 9.5% (n= 10) in the linear range 0.78-25 ng/mL. This combination  
191 of antibody concentrations was used to carry out the quantification of the allergen *Ole e 1* in the  
192 atmosphere of Malaga.

193 The estimated detection limit (calculated as the mean of blank values plus 3 times the standard  
194 deviation) was 0.24 ng/mL.

195 3.2. *Influence of buffers on detectability and sensitivity of ELISA*

196 It can be observed that the standard curve that most affinity and detectability provides is that in  
197 which the BB buffer has been used, the other ones in which GS-250 and MG were used, are the  
198 following more sensitive alternatives but with the peculiarity that GS-250 offers lower  
199 saturation at high concentrations, thus offering a higher determination range (Fig. 2A). The  
200 sensitivity is the same in all cases in values lower than 3 ng/mL, GS-250 being the most  
201 sensitive above this concentration, and MG the least one. It can be also observed that when the  
202 concentrations of (NH)<sub>4</sub>HCO<sub>3</sub> increase in the GS buffer, the affinity and detectability of the  
203 calibration curves decrease considerably (Fig. 2B).

204 3.3. *Extraction of antigens in equivalent samples to 50 gp/m<sup>3</sup> of air*

205 When protein quantifications of Ole e 1 were carried out with the three proposed buffers in  
206 equivalents of 50 gp/m<sup>3</sup> (Fig. 3), we observed that, in both, supernatants and precipitates, the  
207 highest concentrations were obtained when the GS buffer was applied, followed by MG and,  
208 finally, BB, with 38% and 71% less, respectively, in relation to GS. By means of ANOVA, it  
209 was observed significant differences among the extractions of the three buffers ( $\alpha = 0.01$ ).

### 210 3.4. *Quantification and correlation analysis of olive pollen and its allergen Ole e 1 in the* 211 *atmosphere of Malaga*

212 The concentrations of the allergen Ole e 1 and *Olea europaea* pollen during the olive flowering  
213 season recorded in Malaga between 2008 and 2010 are shown in Table 1 and Fig. 4. The highest  
214 concentrations of Ole e 1 were registered during 2009, 2008 being the year in which the  
215 concentrations of this aeroallergen were the lowest. Regarding the pollen counts, they followed  
216 exactly the same behaviour, although not in the same proportion, 2009 being the year in which  
217 the highest proportion of aero-allergens per pollen grain was detected and 2010 the lowest.  
218 Something worthy to be mentioned is the fact that, although they do not necessarily have to  
219 coincide in time, the peak days for allergens and pollen were coincident in 2009 and 2010.  
220 Regarding the correlation analysis between daily pollen concentrations and allergen  
221 quantifications carried out by means of Spearman test, during the whole study period, as well as  
222 during the main pollen season (MPS) (95%), the coefficients showed very high and significant  
223 values ( $\alpha=0.001$ ) during the three years studied (Table 1).

## 224 **4. Discussion**

225 In this work, the quantification protocol for the protein Ole e 1 (olive tree major allergen  
226 (Rodríguez et al. 2001)) by means of double antibody sandwich ELISA was optimized. In  
227 addition, the effect of three different buffers (MG, GS and BB), on both ELISAs (Fig. 2) and  
228 protein extraction process (Fig. 3), has been studied. The extraction buffer we have named MG,  
229 published by Moreno-Grau et al. (2006), is a modification of the buffer proposed by Takahashi  
230 et al. (2001). This buffer has been compared with the buffer BB, which is the same buffer

231 commonly used as coating buffer in ELISAs, which has been used to perform protein  
232 extractions from pollen grains for the first time in this type of studies. The third buffer we have  
233 compared, the so-called GS, is a combination of the two previous buffers.

234 When carrying out studies of quantification of pollen allergens in the atmosphere of a given  
235 territory, we will have to face two fundamental problems that will determine the methodology to  
236 use when carrying out the tests in the laboratory. The first one, which is applicable almost  
237 globally, is the budgetary shortage affecting certain scientific disciplines, reason why it is  
238 necessary to optimize the concentrations of antibodies. In our case, this fact markedly  
239 determined the final concentrations of antibodies that were used to carry out the protein  
240 quantifications in the aerobiological samples. The second one, which is particular for each area  
241 of study, is to choose the extraction buffer as well as the most appropriate methodology,  
242 depending on the different allergens that we want to simultaneously study during a given period.

243 For the ELISAs developed in this study, we used the same combinations of antibodies that have  
244 been used previously in numerous research papers (Arilla et al. 2002; Moreno-Grau et al. 2006;  
245 Plaza et al. 2016). These anti-Ole e 1 antibodies, produced by the company Bial-Arístegui, have  
246 proved to be highly recommendable for quantifying Ole e 1, since they have provided high  
247 detectability, sensitivity and reproducibility and, therefore, high reliability.

248 Regarding the budgetary shortage, one of the main advantages of the protocol proposed is that  
249 the concentrations of capture and detection antibodies used have been considerably reduced,  
250 which cheapen the cost of each ELISA without altering the results. On the other hand,  
251 detectability has been the same or higher than in previous studies performed on Ole e 1 in which  
252 monoclonal antibodies were used (Moreno-Grau et al. 2006; Plaza et al. 2016; van Ree et al.  
253 2000). This allowed to quantify Ole e 1 in days in which airborne concentrations were of only  
254 one pollen grain per cubic meter of air or, even, on days with zero records of pollen grains  
255 within the MPS. This demonstrates the fact that may exist pauci- or sub-micronic particles in  
256 the atmosphere containing pollen aeroallergens as unveiled by several authors (Agarwal et al.  
257 1984; Busse et al. 1972; Cabrera et al. 2002; Fernandez-Caldas et al. 1989; Linares et al. 2007;  
258 Rantio-Lehtimäki et al. 1994; Schäppi et al. 1997; Spieksma et al. 1990, 1995)

259 ~~The achievement of these more favourable results is related in part to the use of TMB versus~~  
260 ~~OPD (o-phenylenediamine) as peroxidase substrates. It was observed that, stopping the OPD~~  
261 ~~colorimetric reaction with acid, the absorbance levels obtained decreased considerably.~~  
262 ~~However, when acid was applied to stop the TMB reaction, the opposite effect was observed:~~  
263 ~~absorbance levels increased considerably, although detectability and reproducibility were~~  
264 ~~negatively affected. Therefore, we decided to use TMB in the assays instead OPD, but without~~  
265 ~~stopping the reaction, since it was the combination with which the best results were obtained~~  
266 ~~(data not shown).~~

267 The achievement of these more favourable results is related in part to the use of TMB  
268 versus OPD (o-phenylenediamine) as peroxidase substrates. It was observed that,  
269 stopping the OPD and TMB colorimetric reaction by adding an acid, the absorbance  
270 levels obtained were altered considerably, the detectability and reproducibility being  
271 negatively affected. Therefore, we decided to use TMB instead OPD in the assays, but  
272 without stopping the reaction, since those were the conditions under the best results  
273 were obtained (Fig. 5).

274

275 As regards the extraction buffer, in order to decide which methodology and which extraction  
276 buffer use to carry out the allergen quantification when several pollen types are involved in the  
277 study, at the same time, in a certain area, it would be necessary to previously carry out all the  
278 tests proposed here for each one of these allergens. This allows to establish which buffer is the  
279 most suitable for the combination of allergens to quantify. In addition, it must be taken into  
280 account the pollen concentrations of these pollen types registered in the atmosphere of the study  
281 area during the MPS. Based on these considerations, in this work, although only the results for  
282 Ole e 1, the major allergen of *Olea europea* L., are presented, the decision to use the buffer BB  
283 as mean of extraction and quantification was due to the fact that the studied samples contained  
284 also other important aeroallergens. In fact, Par j 1-Par j 2, the major allergens of *Parietaria*  
285 *judaica* L. and Lol p 1, grasses group I, the major allergen of *Lolium perenne* L. (data not

286 shown) are present in the atmosphere of Malaga at the same time that Ole e 1 and they were  
287 much more favoured by the use of this extraction buffer. Therefore, based on the results  
288 obtained in the protein extraction tests (Fig. 3), if we are going to study in a sample only the  
289 allergen Ole e 1, it would be advisable to use the buffer GS-250 since we obtained almost 40%  
290 and 70% more extraction, on average, in comparison to the buffers MG and BB respectively.  
291 However, in the case the atmosphere of Malaga, the buffer BB was used on the basis of three  
292 fundamental reasons: it was the buffer that provided the best detectability among the three  
293 buffers tested (Fig. 2A); because it was a priority buffer to study the allergens Lol p 1, Par j 1  
294 and Par j 2 during the same period (data not shown); and, finally, in spite of not being the most  
295 efficient option for Ole e 1, in terms of extraction, in days with a single pollen grain of olive per  
296 cubic meter of air, as said above, we obtained positive values, within the estimated detection  
297 limit for the allergen Ole e 1. All these are factors that should be taken into account in any  
298 similar study.  
299 By way of conclusion, on the basis of the results obtained (Table 1 and Figure 4), the ELISA  
300 protocol described in the present paper, together with the buffer BB used to carry out the  
301 extractions of the antigen Ole e 1, have proved to be fully adequate to carry out the antigenic  
302 analysis of aerobiological samples, being a great tool for the study of a pollen allergen as  
303 important in the Mediterranean region such as Ole e 1 (Bousquet et al. 1985; Wheeler 1992).

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430

431 **Table 1**

432 **Title:** Pollen and allergen results and statistical analysis.

433 **Footnote:** Total pollen and peak day of *Olea europaea* and Ole e 1 allergen quantification  
434 obtained by Hirst type and Cyclone samplers, respectively, during study period. Spearman rank  
435 correlation coefficients obtained between pollen concentrations and allergen quantifications  
436 during the study period (Total) and the main pollen season (MPS). \*\*\* $\alpha \leq 0.001$ . In brackets date  
437 of peak day for pollen and allergen and number of data for Spearman correlation

438

439 **Figure captions**

440 **Fig. 1** Dose-response curves in two-site sandwich ELISA of Ole e 1 purified protein. (A):  
441 Comparison between several concentrations of antibodies. (O.D.) optical density. (B): Curve  
442 with 1 µg/mL of capture antibody and 0.25 µg/mL of detection antibody.

443 **Fig. 2** Effects of different buffers in the detectability and sensitivity of the ELISA for Ole e 1.  
444 (A): Comparison of buffers MG, GS-250 and BB. (B): Comparison of buffers GS-250, GS-500,  
445 GS-750 and GS-1000.

446 **Fig. 3** Extractions of Ole e 1 antigens in equivalent of 50 pollen grains/m<sup>3</sup> using buffers GS-  
447 250, MG and BB.

448 **Fig. 4** Concentrations of Ole e 1 allergen (line) and *Olea europea* pollen (shading) during the  
449 olive grove blooming between 2008 and 2010 obtained by Cyclone and Hirst type samplers  
450 respectively. [The gap in 2010 was due to technical problems.](#)

451 **Fig. 5** [Comparison of the dose-response curves of the ELISA for Ole e 1 by using of](#)  
452 [OPD \(white square\) and TMB \(black circle\) as peroxidase substrate, stopping the](#)  
453 [colorimetric reaction by means of acid \(dashed line\) and without stopping the reaction](#)  
454 [and reading the results after 30 minutes of reaction \(continuous line\).](#)

1 **Title: Extraction and quantification of Ole e 1 from atmospheric air samples: an optimized**  
2 **protocol**

3 **Author names:** José García-Sánchez, M<sup>a</sup> del Mar Trigo, Marta Recio

4 **Author affiliations:** Department of Plant Biology, Faculty of Sciences, University of Malaga,  
5 Campus de Teatinos s/n, Malaga-29071, Spain.

6 **e-mail of the corresponding author:** martarc@uma.es (M. Recio)

7 **e-mail of the others authors:** jgarcias@uma.es (J. García-Sánchez); aerox@uma.es (M.M.  
8 Trigo)

9 **Abstract**

10 Olive pollen is the main cause of pollinosis in Mediterranean countries. The immunological  
11 analysis of Ole e 1, the major allergen of *Olea europaea*, has usually carried out by means of  
12 ELISA (Enzyme-Linked ImmunoSorbent Assay). However, most published works only specify  
13 the methodology related to antigen quantifications, but not the related to protein extraction.  
14 Furthermore, the results obtained are not compared with different buffers or modifications of  
15 them. The main aim of this study is to obtain an optimized and reproducible ELISA protocol for  
16 quantifications of Ole e 1 in the atmosphere. The study of Ole e 1 allergen and olive pollen in  
17 the atmosphere of Malaga (Spain) was carried out by means of an automatic multi-vial cyclonic  
18 sampler and a Hirst volumetric pollen trap, respectively. ELISA was tuned up on the basis of  
19 previously published protocols to quantify this allergen. Variations in the concentrations of  
20 capture and detection antibodies, as well as in the buffers used to carry out the extraction, were  
21 evaluated. The highest protein extraction was obtained when a modified buffer was applied. The  
22 correlation analysis between daily pollen concentrations and allergen quantifications showed  
23 highly significant values. The ELISA protocol, together with the buffer combination proposed  
24 in this work, considerably reduced the concentrations of capture and detection antibodies used

25 for quantifying Ole e 1 in the atmosphere, allowing detect this allergen even in days in which  
26 the airborne pollen concentration was very low or null.

27

28 **Keywords:** allergens, aerobiology, olive pollen

29

## 30 **1. Introduction**

31 Currently, more than 25% of the population in industrialized countries has Type I allergic  
32 disorders such as rhinitis, atopic rhinoconjunctivitis and bronchial asthma (Asher et al. 2014;  
33 Beasley et al. 1998; Burney et al. 1996; Ojeda et al. 2018). Pollen grains and other small  
34 airborne particles are some of the main agents responsible for these diseases (D'Amato et al.  
35 1998, 2016; D'Amato and Spiekma 1990; Jalbert and Golebiowski 2015; Solomon and  
36 Mathews 1978). Traditionally, the allergenic potential of the atmosphere has been studied with  
37 the aid of different types of particles samplers, being the Hirst and Rotorod types the most used  
38 (Hirst 1952; Ogden and Raynor 1967). Once the samples are obtained, pollen grains and spores  
39 are counted and their results transformed into “number of biotic particles per cubic meter of  
40 air”. However, the antigenic content of these particles may vary highly and be influenced by  
41 atmospheric and transport conditions. For this reason, it is essential to use optimal and  
42 standardized methodologies for detection and quantification of the main aeroallergens capable  
43 of causing pollinosis in the population.

44 One of the first studies carried out in order to detect airborne pollen allergens was conducted on  
45 ragweed in 1972 by means of “passive transfer antigen neutralization techniques” (Busse et al.  
46 1972). Later on, in 1981, ragweed allergens were again studied, as well as *Alternaria* spore  
47 allergens but, this time, using RAST-type analysis (Agarwal et al. 1981). It was not until 1994  
48 when the first studies about pollen allergens in the atmosphere were published by using  
49 enzyme-linked immunosorbent assay (ELISA). These studies were carried out against *Betula*  
50 allergens (Pehkonen and Rantio-Lehtimäki 1994; Rantio-Lehtimäki et al. 1994). Two years  
51 later, in 1996, the first studies made with Sandwich ELISA, a test specially designed for the  
52 quantification of specific allergens, were presented against Bet v 1 and Phl p 5 allergens  
53 (Schäppi et al. 1996). Thenceforth, many studies have been carried out in order to quantify  
54 pollen allergens in the atmosphere (Jato et al. 2010; Moreno-Grau et al. 2006; Plaza et al. 2016;  
55 Schäppi et al. 1997). The main goal of this study was to obtain an optimized and reproducible

56 ELISA protocol for the quantification of Ole 1 in the atmosphere, which has a high incidence in  
57 the Mediterranean region and some North America areas (Bousquet et al. 1985).

58 An important and very common issue to deal with when we try to find a detailed and proper  
59 methodology to process the samples, is the isolation and preservation of the proteins they  
60 contain. Usually, most of the published works only specify the methodology related to the  
61 antigen quantifications, but not that related to the protein extraction from the samples.  
62 Additionally, when the extraction methodology is specified, the results obtained are not  
63 compared with different buffers or modifications of them, which does not offer possible  
64 alternatives, depending on the allergens we want to study, since not all buffers affect in the same  
65 way the extraction and stability of proteins.

## 66 **2. Materials and Methods**

67 In this paper, different alternatives for extraction and quantification of the allergen Ole e 1 have  
68 been tested. For this purpose, a Sandwich ELISA test for Ole e 1 was developed, estimating  
69 what antibody concentrations were the most adequate to determinate the corresponding  
70 antigenic concentration in aerobiological samples.

71 Protein extractions were performed from controls of purified olive pollen by means of the use of  
72 different extraction buffers, in order to optimize the extraction of the allergen Ole e 1 from  
73 pollen grains contained in the air samples. In addition, the effect of these buffers on the  
74 behaviour of the ELISA standard curve was studied, and the most appropriate alternative was  
75 proposed, depending on the variations observed in the detectability and sensitivity of the assays.

76 The air samples for protein quantification were taken from the atmosphere of Malaga (southern  
77 Spain) during the years 2008, 2009 and 2010 and carried out by using a cyclonic sampler, which  
78 is an optimal device for this type of samplings, previously used in numerous studies (Fernández-  
79 González et al. 2013; Jato et al. 2010; Plaza et al. 2016; Takahashi et al. 2001). These results  
80 were compared with *Olea europaea* pollen counts, obtained by means of a Hirst type volumetric  
81 pollen trap during the same period of study.

82 *2.1. Ole e 1 allergen quantification by means of Sandwich ELISA*

83 In order to quantify the allergen Ole e 1 by sandwich ELISA, monoclonal antibodies (mAb), as  
84 capture antibodies, and biotinylated polyclonal antibodies (BioAb), as detection antibodies,  
85 have been used. Besides this, sensitivity, detectability and antigenic determination range at  
86 different concentrations of these antibodies have been compared. Both, antibodies and purified  
87 antigens used for the calibration curves, were supplied by Bial-Arístegui (Bilbao, Spain).

88 Protocol:

89 The different concentrations of the capture and detection antibodies (for standard curve) tested  
90 for the determination of Ole e 1 was the following:

- 91 - 3 µg/mL mAb and 0.5 µg/mL BioAb
- 92 - 2 µg/mL mAb and 0.5 µg/mL BioAb
- 93 - 2 µg/mL mAb and 0.25 µg/mL BioAb
- 94 - 1 µg/mL mAb and 0.25 µg/mL BioAb

95 The concentration range of the standard curve for Ole e 1 allergen was from 100 to 0.195  
96 ng/mL.

97 Initially, 100 µl of the capture antibody in phosphate buffered saline (PBS), pH 7.4, are added to  
98 flat bottom 96-well plates (Costar® 3590, Corning Incorporated, USA) and then incubated  
99 covered and sealed with parafilm for at least 12 hours at 4°C in humidity chamber. The liquid is  
100 then removed from the plate and 200 µl of blocking buffer (BB), pH 7.4, are added. BB is  
101 constituted by PBS, 0.05% Tween 20 and 1% bovine serum albumin (BSA, Amersham  
102 RPN412, GE Healthcare, UK). Then, the plate is incubated for one hour at 37°C.

103 The Ole e 1 allergen standard curve was obtained with this purified protein diluted in BB.  
104 Purified proteins of Ole e 1 were diluted sequentially 1:2 in a concentration range of 100 to  
105 0.195 ng/mL and incubated for 2 hours at 37°C.

106 Subsequently, three washes are carried out with PBS plus Tween 20 (PBS-T) for 2 minutes  
107 each. After that, 100 µL of biotinylated antibody in BB buffer are added and incubated for 1  
108 hour at 37° C. Three additional washes are performed with PBS-T and then 100 µL of

109 Streptoavidin-Peroxidase (SIGMA S5512, Sigma-Aldrich®, USA) diluted in BB buffer at a  
110 concentration of 0.25µg/mL are added, followed of incubation for 1 hour at 37° C. Finally, 3  
111 more washes with PBS-T are performed and 100 µL of 3,3 ', 5,5'-tetramethylbenzidine (TMB,  
112 SIGMA T0440, Sigma-Aldrich®, USA) added, and the well-plates incubated for 30 minutes in  
113 darkness at room temperature. Absorbance at 620 nm was measured by using a microplate  
114 reader (Thermo, Multiskan EX), without stopping the reaction and avoiding pH changes.

## 115 2.2. Protein extraction from pollen grains

116 In order to study the extraction of the antigen Ole e 1, known concentrations of purified pollen,  
117 supplied by Iber-Polen (Jaen, Spain), were used. For this, dilutions of pure pollen stocks of *Olea*  
118 *europaea* L. were prepared to set homogeneous samples that simulated a day in which 50 pollen  
119 grains/m<sup>3</sup> of air were detected in the atmosphere, this concentration being equivalent to one day  
120 with moderate pollen concentration in the Mediterranean region. Therefore, we can compare, in  
121 a uniform way, the protein concentrations obtained with any extraction buffer.

122 For this work, the simulation of a 24-hour sampling, performed with a Cyclone trap (Holmes  
123 and Emberlin 1994) was used as reference. The total volume of air aspirated in 24 hours by this  
124 device is 23.76 m<sup>3</sup>, since it sucks 16.5 L of air per minute. For the analysis, the whole sample  
125 remaining deposited in an Eppendorf tube is resuspended in 1 mL of extraction buffer.  
126 Therefore, the pollen concentration used to perform the protein extractions in one day with a  
127 concentration of 50 grains of pollen/m<sup>3</sup> of air was 1188 pollen grains/mL (50 pollen grains x  
128 23.76 m<sup>3</sup> of air).

129 The homogeneous pollen samples of 1188 pollen grains/mL to which compare the effect of the  
130 different extraction buffers were obtained by adding 1 mg of purified pollen in 1 mL of distilled  
131 water with a 2% of Tween 20 (to avoid the pollen grains form aggregates) and then counting the  
132 pollen grains with the aid of a Neubauer Chamber. Therefore, we obtained the number of pollen

133 grains per mL that, subsequently, was adjusted by dilution to the concentration of 1188 pollen  
134 grains/mL in order to perform the extractions.

135 The extractions were performed with three different types of buffers, which are called in this  
136 work as MG, GS and BB.

137 - MG buffer: proposed by Moreno-Grau et al. (2006). It is composed by 50 mM phosphate  
138 buffer, pH 7.4, 125 mM (NH)<sub>4</sub>HCO<sub>3</sub>, 150 mM NaCl, 3 mM EDTA and 0.005% Tween 20.  
139 The extraction methodology proposed by the aforementioned authors was followed in its  
140 entirety.

141 - GS buffer: it has the same composition as MG buffer, but with the following modifications:  
142 250 mM (NH)<sub>4</sub>HCO<sub>3</sub>, 1% Tween 20 and 0.5% BSA.

143 - BB buffer (blocking buffer): consisting of PBS, 0.05% Tween 20 and 1% BSA.

144 All the incubations were made in a total volume of 1 mL, in Eppendorf tubes, for 2 hours, at  
145 room temperature and shaking the tubes every 30 minutes. They were then centrifuged at 8000 g  
146 for 10 minutes in the case of MG and at 13800 g for 15 minutes in the cases of GS and BB.  
147 Both the supernatant and the precipitate were stored in the freezer at -20°C.

148 The estimation of Ole e 1 concentration by the proposed ELISA, when extracting with a  
149 determined buffer, was carried out by three replicates and always extrapolating to the standard  
150 curves, incubated with the same extraction buffer.

### 151 *2.3. Influence of buffers on detectability and sensitivity of the ELISA*

152 For determining the viability of MG, GS and BB buffers in ELISAs, its effects on the  
153 detectability and sensitivity were evaluated. In the case of GS buffer, four variants were tested  
154 in which concentrations of (NH)<sub>4</sub>HCO<sub>3</sub> were progressively increased, these being 250, 500, 750

155 and 1000 mM. The antigens used in each ELISA were Ole e 1 purified proteins, supplied by the  
156 company Bial-Arístegui.

#### 157 *2.4. Pollen and airborne allergen monitoring*

158 The study of quantification of pollen and allergens in the atmosphere of Malaga was carried out  
159 with two volumetric samplers. Airborne pollen samplings were performed by using a Hirst-type  
160 volumetric spore trap (Hirst 1952) by Lanzoni, model VPSS 2000 (Bologna, Italia). Airborne  
161 allergen samplings were performed with the aid of an automatic multi-vial Cyclone sampler  
162 (Holmes and Emberlin 1994) by Burkard® (Burkard Manufacturing Co Ltd, Hertfordshire,  
163 England).

164 Both samplers were located on the roof of the Biology building of the Faculty of Sciences,  
165 University of Malaga, at coordinates 30SUF6847564395 (Datum ETRS89), at a height of 60  
166 meters above sea level and 15 meters above ground level.

167 The sampling period for both devices took place from April to July, both inclusive, (olive  
168 flowering season) of the years 2008, 2009 and 2010. Due to technical problems, the Cyclone  
169 sampler started to work a little later, on April 23<sup>th</sup> 2008 and, occasionally, we do not have  
170 samplings for a few days during the rest of the studied period either.

171 For the preparation, assembly, conservation and analysis of the airborne pollen samples, taken  
172 with the Hirst-type sampler, we followed the methodology proposed by the Spanish  
173 Aerobiology Network, REA in its acronym in Spanish, in its Management and Quality Manual  
174 (Galán et al. 2007)

175 In order to observe the relationship between pollen concentrations and their respective allergen  
176 levels, the results obtained during the entire study period, as well as during the Main Pollen  
177 Season or MPS (95% accumulated pollen in the year) (Pathirane 1975), was compared by using  
178 the Spearman correlation test since the data did not fit a normal distribution. The Kolmogorov-  
179 Smirnov test was used to check the normality of the data.

### 180 **3. Results**

181 3.1. *Ole e 1* quantification by means of ELISA

182 When comparing the effect of different concentrations of capture and detection antibodies, it  
183 can be observed that the most important factor in the detectability of the assay is biotinylated  
184 antibodies, the detectability being greater the higher the concentration of the antibodies is (Fig.  
185 1A). Variations in ELISA sensitivity were hardly observed when the concentrations of capture  
186 antibodies varied (Fig. 1A).

187 In the dose-response standard curve of *Ole e 1* at concentration of 1 µg/mL for the capture  
188 monoclonal antibody, and 0.25 µg/mL for the detection biotinylating polyclonal antibody (Fig.  
189 1B), we obtained a maximum intra-assay coefficient of variation (CV) of 6.6% (n= 16) and a  
190 maximum inter-assay CV of 9.5% (n= 10) in the linear range 0.78-25 ng/mL. This combination  
191 of antibody concentrations was used to carry out the quantification of the allergen *Ole e 1* in the  
192 atmosphere of Malaga.

193 The estimated detection limit (calculated as the mean of blank values plus 3 times the standard  
194 deviation) was 0.24 ng/mL.

195 3.2. *Influence of buffers on detectability and sensitivity of ELISA*

196 It can be observed that the standard curve that most affinity and detectability provides is that in  
197 which the BB buffer has been used, the other ones in which GS-250 and MG were used, are the  
198 following more sensitive alternatives but with the peculiarity that GS-250 offers lower  
199 saturation at high concentrations, thus offering a higher determination range (Fig. 2A). The  
200 sensitivity is the same in all cases in values lower than 3 ng/mL, GS-250 being the most  
201 sensitive above this concentration, and MG the least one. It can be also observed that when the  
202 concentrations of (NH)<sub>4</sub>HCO<sub>3</sub> increase in the GS buffer, the affinity and detectability of the  
203 calibration curves decrease considerably (Fig. 2B).

204 3.3. *Extraction of antigens in equivalent samples to 50 gp/m<sup>3</sup> of air*

205 When protein quantifications of Ole e 1 were carried out with the three proposed buffers in  
206 equivalents of 50 gp/m<sup>3</sup> (Fig. 3), we observed that, in both, supernatants and precipitates, the  
207 highest concentrations were obtained when the GS buffer was applied, followed by MG and,  
208 finally, BB, with 38% and 71% less, respectively, in relation to GS. By means of ANOVA, it  
209 was observed significant differences among the extractions of the three buffers ( $\alpha = 0.01$ ).

### 210 3.4. *Quantification and correlation analysis of olive pollen and its allergen Ole e 1 in the* 211 *atmosphere of Malaga*

212 The concentrations of the allergen Ole e 1 and *Olea europaea* pollen during the olive flowering  
213 season recorded in Malaga between 2008 and 2010 are shown in Table 1 and Fig. 4. The highest  
214 concentrations of Ole e 1 were registered during 2009, 2008 being the year in which the  
215 concentrations of this aeroallergen were the lowest. Regarding the pollen counts, they followed  
216 exactly the same behaviour, although not in the same proportion, 2009 being the year in which  
217 the highest proportion of aero-allergens per pollen grain was detected and 2010 the lowest.  
218 Something worthy to be mentioned is the fact that, although they do not necessarily have to  
219 coincide in time, the peak days for allergens and pollen were coincident in 2009 and 2010.  
220 Regarding the correlation analysis between daily pollen concentrations and allergen  
221 quantifications carried out by means of Spearman test, during the whole study period, as well as  
222 during the main pollen season (MPS) (95%), the coefficients showed very high and significant  
223 values ( $\alpha=0.001$ ) during the three years studied (Table 1).

## 224 **4. Discussion**

225 In this work, the quantification protocol for the protein Ole e 1 (olive tree major allergen  
226 (Rodríguez et al. 2001)) by means of double antibody sandwich ELISA was optimized. In  
227 addition, the effect of three different buffers (MG, GS and BB), on both ELISAs (Fig. 2) and  
228 protein extraction process (Fig. 3), has been studied. The extraction buffer we have named MG,  
229 published by Moreno-Grau et al. (2006), is a modification of the buffer proposed by Takahashi  
230 et al. (2001). This buffer has been compared with the buffer BB, which is the same buffer

231 commonly used as coating buffer in ELISAs, which has been used to perform protein  
232 extractions from pollen grains for the first time in this type of studies. The third buffer we have  
233 compared, the so-called GS, is a combination of the two previous buffers.

234 When carrying out studies of quantification of pollen allergens in the atmosphere of a given  
235 territory, we will have to face two fundamental problems that will determine the methodology to  
236 use when carrying out the tests in the laboratory. The first one, which is applicable almost  
237 globally, is the budgetary shortage affecting certain scientific disciplines, reason why it is  
238 necessary to optimize the concentrations of antibodies. In our case, this fact markedly  
239 determined the final concentrations of antibodies that were used to carry out the protein  
240 quantifications in the aerobiological samples. The second one, which is particular for each area  
241 of study, is to choose the extraction buffer as well as the most appropriate methodology,  
242 depending on the different allergens that we want to simultaneously study during a given period.

243 For the ELISAs developed in this study, we used the same combinations of antibodies that have  
244 been used previously in numerous research papers (Arilla et al. 2002; Moreno-Grau et al. 2006;  
245 Plaza et al. 2016). These anti-Ole e 1 antibodies, produced by the company Bial-Arístegui, have  
246 proved to be highly recommendable for quantifying Ole e 1, since they have provided high  
247 detectability, sensitivity and reproducibility and, therefore, high reliability.

248 Regarding the budgetary shortage, one of the main advantages of the protocol proposed is that  
249 the concentrations of capture and detection antibodies used have been considerably reduced,  
250 which cheapen the cost of each ELISA without altering the results. On the other hand,  
251 detectability has been the same or higher than in previous studies performed on Ole e 1 in which  
252 monoclonal antibodies were used (Moreno-Grau et al. 2006; Plaza et al. 2016; van Ree et al.  
253 2000). This allowed to quantify Ole e 1 in days in which airborne concentrations were of only  
254 one pollen grain per cubic meter of air or, even, on days with zero records of pollen grains  
255 within the MPS. This demonstrates the fact that may exist pauci- or sub-micronic particles in  
256 the atmosphere containing pollen aeroallergens as unveiled by several authors (Agarwal et al.  
257 1984; Busse et al. 1972; Cabrera et al. 2002; Fernandez-Caldas et al. 1989; Linares et al. 2007;  
258 Rantio-Lehtimäki et al. 1994; Schäppi et al. 1997; Spieksma et al. 1990, 1995)

259 The achievement of these more favourable results is related in part to the use of TMB  
260 versus OPD (o-phenylenediamine) as peroxidase substrates. It was observed that,  
261 stopping the OPD and TMB colorimetric reaction by adding an acid, the absorbance  
262 levels obtained were altered considerably, the detectability and reproducibility being  
263 negatively affected. Therefore, we decided to use TMB instead OPD in the assays, but  
264 without stopping the reaction, since those were the conditions under the best results  
265 were obtained (Fig. 5).

266

267 As regards the extraction buffer, in order to decide which methodology and which extraction  
268 buffer use to carry out the allergen quantification when several pollen types are involved in the  
269 study, at the same time, in a certain area, it would be necessary to previously carry out all the  
270 tests proposed here for each one of these allergens. This allows to establish which buffer is the  
271 most suitable for the combination of allergens to quantify. In addition, it must be taken into  
272 account the pollen concentrations of these pollen types registered in the atmosphere of the study  
273 area during the MPS. Based on these considerations, in this work, although only the results for  
274 Ole e 1, the major allergen of *Olea europea* L., are presented, the decision to use the buffer BB  
275 as mean of extraction and quantification was due to the fact that the studied samples contained  
276 also other important aeroallergens. In fact, Par j 1-Par j 2, the major allergens of *Parietaria*  
277 *judaica* L. and Lol p 1, grasses group I, the major allergen of *Lolium perenne* L. (data not  
278 shown) are present in the atmosphere of Malaga at the same time that Ole e 1 and they were  
279 much more favoured by the use of this extraction buffer. Therefore, based on the results  
280 obtained in the protein extraction tests (Fig. 3), if we are going to study in a sample only the  
281 allergen Ole e 1, it would be advisable to use the buffer GS-250 since we obtained almost 40%  
282 and 70% more extraction, on average, in comparison to the buffers MG and BB respectively.  
283 However, in the case the atmosphere of Malaga, the buffer BB was used on the basis of three  
284 fundamental reasons: it was the buffer that provided the best detectability among the three  
285 buffers tested (Fig. 2A); because it was a priority buffer to study the allergens Lol p 1, Par j 1

286 and Par j 2 during the same period (data not shown); and, finally, in spite of not being the most  
287 efficient option for Ole e 1, in terms of extraction, in days with a single pollen grain of olive per  
288 cubic meter of air, as said above, we obtained positive values, within the estimated detection  
289 limit for the allergen Ole e 1. All these are factors that should be taken into account in any  
290 similar study.

291 By way of conclusion, on the basis of the results obtained (Table 1 and Figure 4), the ELISA  
292 protocol described in the present paper, together with the buffer BB used to carry out the  
293 extractions of the antigen Ole e 1, have proved to be fully adequate to carry out the antigenic  
294 analysis of aerobiological samples, being a great tool for the study of a pollen allergen as  
295 important in the Mediterranean region such as Ole e 1 (Bousquet et al. 1985; Wheeler 1992).

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422

423 **Table 1**

424 **Title:** Pollen and allergen results and statistical analysis.

425 **Footnote:** Total pollen and peak day of *Olea europaea* and Ole e 1 allergen quantification  
426 obtained by Hirst type and Cyclone samplers, respectively, during study period. Spearman rank  
427 correlation coefficients obtained between pollen concentrations and allergen quantifications  
428 during the study period (Total) and the main pollen season (MPS). \*\*\* $\alpha \leq 0.001$ . In brackets date  
429 of peak day for pollen and allergen and number of data for Spearman correlation

430

431 **Figure captions**

432 **Fig. 1** Dose-response curves in two-site sandwich ELISA of Ole e 1 purified protein. (A):  
433 Comparison between several concentrations of antibodies. (O.D.) optical density. (B): Curve  
434 with 1 µg/mL of capture antibody and 0.25 µg/mL of detection antibody.

435 **Fig. 2** Effects of different buffers in the detectability and sensitivity of the ELISA for Ole e 1.  
436 (A): Comparison of buffers MG, GS-250 and BB. (B): Comparison of buffers GS-250, GS-500,  
437 GS-750 and GS-1000.

438 **Fig. 3** Extractions of Ole e 1 antigens in equivalent of 50 pollen grains/m<sup>3</sup> using buffers GS-  
439 250, MG and BB.

440 **Fig. 4** Concentrations of Ole e 1 allergen (line) and *Olea europea* pollen (shading) during the  
441 olive grove blooming between 2008 and 2010 obtained by Cyclone and Hirst type samplers  
442 respectively. The gap in 2010 was due to technical problems.

443 **Fig. 5** Comparison of the dose-response curves of the ELISA for Ole e 1 by using of  
444 OPD (white square) and TMB (black circle) as peroxidase substrate, stopping the  
445 colorimetric reaction by means of acid (dashed line) and without stopping the reaction  
446 and reading the results after 30 minutes of reaction (continuous line).