

A mechanism for the multidecadal modulation of ENSO teleconnection with Europe

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27 **0. Abstract**

28

29 El Niño phenomenon is the main oceanic driver of the interannual atmospheric variability and a
30 determinant source of predictability in the tropics and extratropics. Several studies have found a
31 consistent and statistically significant impact of El Niño over the North Atlantic European Sector, which
32 could lead to an improvement of the skill of current seasonal forecast systems over Europe. Nevertheless,
33 this signal seems to be non-stationary in time and it could be modulated by the ocean at very low
34 frequencies. Hence, the seasonal climate predictability based on El Niño could be variable and only
35 effective for specific time periods. This study considers the multidecadal changes in the ocean mean state
36 as a possible modulator of ENSO-European rainfall teleconnection at interannual timescales. A long
37 control simulation of the CNRM-CM5 model is used to substantiate this hypothesis and to assess if it can
38 be relevant to explain the non-stationary behavior seen in the 20th century. The model reproduces the
39 leading rainfall mode over the Euro-Mediterranean region, and its non stationary link with El Niño. This
40 teleconnection has been identified in coincidence with changes of the zonal mean flow at upper levels,
41 which influence the propagation of the waves from the tropics to extratropics through the atmosphere and,
42 hence, to explain the changing impact over Europe. However, the non-stationary impact observed along
43 the 20th century could also be related to the observed changes in the interannual oceanic forcing signal
44 itself. The results obtained suggest, for both hypotheses, an important role of the natural internal
45 variability of the ocean at multidecadal timescales.

46

47 **1. Introduction**

48

49 The climate variability over the North Atlantic European Sector (NAES) is mainly linked to the North
50 Atlantic Oscillation (NAO; Van Loon and Rogers 1978; Wallace and Gutzler 1981), which is
51 characterized by a Sea Level Pressure (SLP) seesaw between the Azores high and the Icelandic low
52 (Walker 1924). This fluctuation between subpolar and subtropical North Atlantic latitudes influences the
53 stormtracks, and hence, the associated precipitation regime (Rodwell et al. 1999; Hurrell et al. 2003).
54 Although the NAO is mainly associated with internal atmospheric variability, it is also influenced by
55 changes in Sea Surface Temperature (SST), which could lead to predictability at seasonal to interannual
56 time scales (Czaja and Frankignoul 1999; Hurrell et al. 2003). Several studies have found a consistent and
57 statistically significant ENSO signal on the European climate (Fraedrich and Müller 1992; Moron and
58 Plaut 2003). Interestingly, its low-level atmospheric pattern is similar to the one associated with the
59 internal NAO (García-Serrano et al. 2010). In general, El Niño tends to be associated with a negative
60 phase of the NAO (Brönnimann 2007). This raises the issue of a robust detection of the atmospheric
61 response to ENSO as the forced response projects onto the leading mode of internal variability.
62 Furthermore, an additional factor is that the influence of the NAO (Hilmer and Jung 2000; Lu and
63 Greatbatch 2002; Vicente-Serrano and López-Moreno 2008) and ENSO (López-Parages and Rodríguez-
64 Fonseca 2012; Greatbatch et al. 2004; Mariotti et al. 2002; Zanchettin et al. 2008) over the North Atlantic
65 European climate, has not been stationary along the 20th century. Hence, the seasonal climate

66 predictability could be variable and only effective for specific time periods, contributing in that way to the
67 poor skill of current seasonal forecast systems over Europe (Van Oldenborgh 2005).

68

69 A recent study of López-Parages & Rodríguez-Fonseca (2012, hereafter LPRF12) indicates, using
70 observational data of rainfall, SLP and SST along the 20th century, that the leading mode of interannual
71 rainfall in the European region is significantly correlated with El Niño during some particular decades
72 whilst, in others, there is no link with any large scale oceanic pattern. The spatial structure of the
73 associated SLP field was similar to the traditional NAO. However, to better determine the dynamical link,
74 the study of upper atmospheric levels is crucial, as was demonstrated by Garcia Serrano et al. (2010).
75 ENSO influence over NAES can take place through different mechanisms which could include the
76 alteration of the thermally driven overturning atmospheric circulation (Wang 2002; Wang and Enfield
77 2003; Wang et al. 2004; Ruiz-Barradas et al. 2003), downstream propagation of Rossby waves, including
78 or not the stratosphere (Hastenrath 2000; Cassou and Terray 2001b; Honda et al. 2001; Castanheira and
79 Graf 2003; Ineson and Scaife 2008), or combinations of these mechanisms. The former occurs by the
80 alteration of the Walker and Hadley circulations in relation to changes in the convection. The latter is
81 explained through changes in the vorticity due to the meridional displacement of the flow at upper levels
82 as a result of the divergence associated with the convection in the tropics. This vorticity disturbance
83 triggers Rossby waves propagating over the extratropics and altering the atmospheric circulation over
84 remote regions. In this way, a non-stationary impact of ENSO over Europe should be related to a non-
85 stationary behavior of one (or both) of the previous mechanism. Recent studies have also found
86 noticeable differences in the impacts of the two major ENSO patterns, Eastern and Central Pacific events
87 (Kug et al. 2009; Kao and Yu 2009; Choi et al. 2011), the former being representative of the most intense
88 El Niño events and the latter linked with the most intense La Niña ones (Dommenget et al. 2012). In this
89 study non-Linear impacts of ENSO are not analyzed, each kind of episodes could be related to different
90 non-stationary feature of the abovementioned mechanisms (An and Wang 1999, Fedorov and Philander
91 2000, An 2009; Choi et al. 2010; Yeh et al. 2011). A possible hypothesis that could explain the changing
92 impact of ENSO over the NAES is associated with a modulation of the teleconnection by which the
93 forcing signal is transmitted to the target area depending on the background state. Hence, an interesting
94 issue to be explored here is the influence of oceanic low frequency variability modes, such as Atlantic
95 Multidecadal Oscillation (AMO, Enfield et al. 2001), or Pacific Decadal Oscillation (PDO, Mantua et al.
96 1997), in the modulation of the atmospheric teleconnection mechanisms at interannual timescales. In this
97 sense, LPRF12 found how the correlation between the leading rainfall mode in Europe and the anomalies
98 over the Niño3.4 region evolves at multidecadal timescales in phase with AMO, and PDO, depending on
99 the season considered. Building on these previous studies, the main questions we wish to address in the
100 present work are as follows: 1) is there any SST multidecadal pattern, internal to the ocean, that could be
101 able to modulate the ENSO teleconnection with Europe? 2) How does this SST pattern modulate the
102 teleconnections? 3) What are the associated dynamical mechanisms? 4) Is there any preferred phase of
103 these multidecadal SST modulating patterns for which the ENSO-Europe teleconnection is more
104 efficient?

105

106 Therefore, the present study is mainly related to the non-stationary influence of ENSO over the NAES
107 and how the internal variability of the slowly variant background state of the ocean can modulate this
108 teleconnection.

109

110 The available literature suggests January to March as an appropriate season to study the ENSO influence
111 over Europe (Brönnimann et al. 2007), being convenient to separate the weak ENSO-related circulation
112 over the North Atlantic in early winter with the much stronger one during mid-late winter (Toniazzo and
113 Scaife, 2006; Gouirand et al. 2007). Even in the North Pacific, the canonical Tropical Northern
114 Hemisphere pattern (TNH, Mo and Livezey 1986; Barnston and Livezey 1987; Livezey and Mo 1987;
115 Trenberth et al. 1998) related to ENSO is not completely established until January (Bladé et al. 2008).
116 For these reasons this work is focused on the non-stationary ENSO-European rainfall teleconnection in
117 late winter early spring, selecting the season February-March-April, according to LPRF12. A complete
118 analysis cannot be carried out using only observations due to the shortness of the record and limited
119 sampling of multidecadal SST modes. It is thus of interest to use a model approach where the non-
120 stationary behavior could be assessed on multi-centennial simulations. To this aim, a long coupled
121 simulation with constant pre-industrial forcing has been analyzed to complement the observational
122 analysis. If the changes identified in the ENSO-European rainfall relationship along the 20th century
123 could be reproduced only considering the internal variability of the climate system, it would suggest that
124 the responsible mechanism of the non-stationary behavior is not necessarily related to anthropogenic
125 changes.

126

127 The paper is organized as follows. We begin by presenting the data and methods used (section 2). In
128 section 3 the covariability of European rainfall and tropical SSTs is analyzed for observations. The same
129 analysis is applied to a long control simulation of the CMIP5-CM5 coupled model in section 4. In section
130 5, observed and modeled composites maps of different fields are compared to each other. Then, in section
131 6, some plausible hypotheses of the non-stationary features identified are presented and finally, in section
132 7, a brief summary is presented.

133

134 **2. Data and Methods**

135

136 This work is focused on the interannual precipitation over the Euro-Mediterranean region (iEMedR; 24
137 °N-68°N, 15°W-35°E), in late winter-early spring (February-March-April, FMA).

138

139 Two different observational databases have been used: University of Delaware rainfall data (Matsuura
140 and Willmott, version 2.01, 2009, http://climate.geog.udel.edu/climate/html_pages/), and Global
141 Precipitation Climatology Centre data (GPCC; Schneider et al. 2008). Both data are monthly climatology
142 of precipitation spanning the whole 20th century and the beginning of the 21th century. They are land-
143 only in coverage and are based on interpolated data from stations. Regarding the SST data, ERSSTv3
144 (Smith et al. 2008) from 1854 to present (2° x 2° lat long), and HadISST1 (Rayner et al. 2003) from 1870

145 to present (1°x 1° lat long) have been used. To pose a possible dynamical mechanisms and be able to
146 compare it with the model outputs, atmospheric fields from the 20th Century Reanalysis V2 data provided
147 by the NOAA/OAR/ESRL PSD, (Boulder, Colorado, USA; <http://www.esrl.noaa.gov/psd/>), have also
148 been used.

149

150 The climate model data are provided by a long control coupled simulation (hereinafter PICTRL) of the
151 CNRM-CM5 model (cf. Voltaire et al. 2013). This model includes the ARPEGE-Climat (v5.2)
152 atmospheric model (1.4°x1.4°, 31 vertical levels, being 26 of them in the troposphere), the NEMO (v3.2)
153 ocean model (ORCA1°, 42 vertical levels), the ISBA land surface scheme and the GELATO (v5) sea ice
154 model coupled through the OASIS (v3) system. The PICTRL analyzed here is an 800 year long
155 simulation where all external forcings (solar, volcanic and anthropogenic Greenhouse Gases and aerosols)
156 are kept constant at their observed values of 1850.

157

158 Regarding the methodology, a Maximum Covariance Analysis (MCA, or Singular Value Decomposition;
159 Bretherton et al. 1992) has been applied to identify the modes that explain the maximum covariance
160 between the anomalous Euro-Mediterranean rainfall and tropical SST (20 °N-20°S). Each mode
161 comprises two spatial structures (singular vectors), two time series (expansion coefficients; U and V for
162 the predictor and predicted field respectively), and the covariance fraction, which is a measure of the
163 percentage of covariability explained by each mode. The most common procedure when analyzing MCA
164 results is to plot the projection of the predictor field (tropical SSTs here), and the field to predict (Euro-
165 Mediterranean rainfall), on the standardized U, obtaining in that way the homogeneous and heterogeneous
166 maps respectively. Along this study some composite maps also based on U have been obtained, being 1
167 standard deviation of U the threshold selected in PICTRL, and 0.75 standard deviation in observations.
168 This difference in the threshold is considered to balance the number of cases selected in both, model and
169 observations. These composites have been calculated to analyze the changes in the spatial patterns
170 depending on the time period, and also to infer possible related dynamical mechanisms.

171

172 To retain only the interannual variability for all the fields analyzed here, periods lower than 7 years have
173 been subtracted by applying a temporal filter based on a Discrete Fourier Transform. Looking for the
174 stationarity of El Niño impact, different sliding window correlation analysis have been applied along the
175 study, using 21 year as the reference window, for comparison with previous studies.

176

177 The correlation statistical significance has been determined by a non parametric approach using a Monte-
178 Carlo test with 400 permutations. The spatial patterns significance has been also determined by non
179 parametric approaches such as, Monte-Carlo test, or Wilcoxon-Mann-Whitney test (Wilks 2005).

180

181 **3. Rainfall-SST covariability: Observational Results**

182

183 As it was shown in LPRF12, the teleconnection between El Niño and the European rainfall leading mode
184 of variability in late winter-early spring seems to be non-stationary on time, changing along the 20th
185 century in phase with the Atlantic Multidecadal Oscillation (AMO). The leading EOF is shown in figure
186 1a, which is consistent with the ENSO signal over the European rainfall (Fraedrich and Müller 1992;
187 Moron and Plaut 2003; Pozo-Vázquez et al. 2005a). In order to delve into the existence of this impact and
188 to discard it as a statistical artifice, a time index based on this leading EOF has been used. This index has
189 been calculated as the difference of area-average rainfall over Western Europe and Western
190 Mediterranean region. These areas are two centers of actions of the leading EOF (black boxes in Figure
191 1a), and they do not coincide with those in the second and third modes of variability (see Figure A1 of
192 supplementary material). Time correlation between the leading PC and the above-mentioned index is
193 0.83, which supports the absence of a mathematical artifact in the calculation of the leading EOF. The
194 link with the equatorial SSTs is, moreover, non-stationary on time (Fig. 1b). Thus, strong correlations
195 with the whole Indo-Pacific equatorial basin are positive from 1900's to 1940's and from 1960's to
196 1980's. However, for the years in between and, in the beginning of the 21th century, the correlations are
197 weaker and of opposite sign. For the whole 20th century, the SST pattern coincides in sign in the Pacific
198 and Indian oceans, while being opposite over the Maritime Continent. Although the magnitude of the
199 correlation scores slightly differs between HadISST and ERSST (not shown), in both cases the maximum
200 values are located over the Niño3.4 region, as in LPRF12. In agreement with Figure 1b, the Euro-
201 Mediterranean rainfall PC1 and the Niño3.4 index (Fig. 1c) broadly correlate from 1900 to 1940 (0.47),
202 and from 1965 to 1984 (0.42) approximately, while they are mainly anticorrelated from 1944 to 1964 (-
203 0.23), and from 2003 to 2008 (-0.73).

204

205 The previous results reinforce those of LPRF12 and show how, although the dipolar rainfall pattern
206 identified as EOF1 is present along the whole observational period, it might be enhanced and potentially
207 predictable when its relation with tropical SSTs is stronger. It also shows that this link mainly takes place
208 in the 20th century during negative phases of AMO. As it was indicated in Sect. 2, MCA is a discriminant
209 analysis tool which is very useful for finding coupled patterns in climate data and, thus, for determining
210 the most frequent predictors for a variable to predict. With the purpose of confirming the changing
211 coupling between rainfall and SST, two different MCA analyses linking the Euro-Mediterranean rainfall
212 and the tropical SST have been performed selecting two different samples according to the changing
213 relationship previously identified. The first sample covers the periods 1944-1964, and 2003-2008, which
214 correspond to the years with negative correlations between rainfall and Niño3.4 (Fig. 1c). The second
215 sample (1900-1940 and 1965-1984) corresponds to the periods with positive correlations between the
216 same indices. Hereinafter these periods will be referred as N (Negative correlations) and P (Positive
217 correlations) periods respectively.

218

219 The leading mode of covariability for the P period (Fig. 2b, d), which explains 31.1% (28.3% for ERSST)
220 of the total covariance, resembles the link identified in LPRF12 (see Figure 1 of LPRF12). The spatial
221 correlation between the rainfall anomalous pattern obtained in LPRF12 and that obtained here from the
222 MCA_P is 0.88 (0.85 for ERSST). On the other hand, for N periods (Fig. 2a, c), the leading mode, which

223 in this case explains 23.3% (21.6% for ERSST) of the total covariance, shows a similar SST pattern than
224 in P periods, but in relation to a completely different rainfall pattern. The spatial correlation between the
225 rainfall pattern from LPRF12 and that obtained here from the MCA_N is -0.61 (-0.59 for ERSST). These
226 rainfall maps obtained for each MCA broadly coincide with the simple regression of rainfall anomalies on
227 the Nino3.4 index (see Figure A2 of supplementary material) for the selected periods. Although the
228 tropical SSTs for both MCAs are similar, it is worth to highlight the enhanced signal identified in P over
229 the Tropical North Atlantic (TNA) and the Maritime continent regions. This issue will be discussed in
230 section 5.

231

232 As the observed changing link between rainfall and tropical Pacific SSTs appears in phase with the AMO,
233 and this oceanic mode is internal to the ocean, a long coupled control simulation has been used to test if
234 this non-stationary relationship could be reproduced by the model multidecadal internal variability
235 without any changes in external forcing.

236

237 **4. Model performance**

238

239 It is first necessary to assess the ability of the model to reproduce the leading mode of observed
240 interannual rainfall variability. The observed and simulated modes present a similar spatial pattern (Fig.
241 3a), with significant scores in central Europe, including the British Islands, and the surrounding areas of
242 the Baltic Sea. These anomalies are opposite in sign to those over the Mediterranean region, the
243 northwestern Africa, and the north of Scandinavia. This leading rainfall mode can be described through
244 the same simple index previously used in observations (see black boxes in Figure 1a). In this case PC1 is
245 correlated at 0.89 with the defined index. Slight differences with observational EOF1 are found in the
246 intensity and location of the centers of action, and in the decrease of the explained variance by the leading
247 mode (19.2% in observations and 14.4% in PICTRL). This fact is probably explained by the large
248 difference in the number of years analyzed in observations (109 years) and PICTRL (800 years). In spite
249 of this decrease in the explained variance, the leading mode of PICTRL is well separated to the second
250 one according to the criteria of North et al. (1982). Looking for the stationarity of the rainfall mode, 21-yr
251 window sliding correlations have been calculated here (Fig. 3b) between the rainfall leading PC and the
252 Niño3.4 index, indicating a quasi-cyclic behavior in the relationship and, as a consequence, periods with
253 positive, negative, or even no correlation. This time evolution is highly similar to the leading PC of the
254 low frequency SST variability of the model (Fig. 3b). PICTRL, which is a long control simulation, is a
255 useful tool to assess the time evolution identified in the moving correlations (see also Figure A3) and its
256 possible connection with multidecadal modes such as AMO, as was proposed in LPRF12.

257

258 As in the observations, two different, and opposite, relationships emerge between rainfall and El Niño
259 along the PICTRL, suggesting the existence of different underlying dynamics that alternate at
260 multidecadal timescales. To further analyze this issue, periods with negative (N, 169 years) and positive
261 (P, 137 years) significant correlations have been analyzed separately.

262

263 MCA analysis between model anomalous rainfall and tropical SSTs has been performed for P and N. The
264 leading modes of covariability account for 20.0% and 21.9% of the total variance, respectively. The
265 resultant oceanic patterns (Fig. 4c, d) resemble the ones obtained in observations (Fig. 2c, d). However,
266 unlike it happens in observations, the model ENSO signal is almost the same in P and N, putting forward
267 how in PICTRL, the interannual SST forcing seems to be stationary. Nevertheless, its impact on rainfall is
268 opposite in P and N periods over central Europe and the Mediterranean region. The spatial correlation
269 between the rainfall patterns obtained for each period and the EOF1 for the whole PICTRL (Fig. 3a) are -
270 0.90 and 0.71 for N and P respectively, reinforcing the idea of a changing impact over the Euro-
271 Mediterranean area for the same tropical forcing.

272

273 In the next section the atmospheric variables related to the leading modes of covariability obtained for N
274 and P periods are analyzed in order to infer different hypothesis for the dynamical mechanisms involved
275 in the teleconnection.

276

277 **5. Dynamical mechanisms in the teleconnection**

278

279 ENSO influence over NAE sector can take place through different mechanisms which could include the
280 alteration of the thermally driven overturning atmospheric circulation (Wang 2002; Wang and Enfield
281 2003; Wang et al. 2004; Ruiz-Barradas et al. 2003), downstream propagation of Rossby waves, including
282 or not the stratosphere (Hastenrath 2000; Cassou and Terray 2001b; Honda et al. 2001; Castanheira and
283 Graf 2003; Ineson and Scaife 2008), or combinations of these mechanisms. The former occurs by the
284 alteration of the Walker and Hadley circulations in relation to changes in the convection. The latter is
285 explained through changes in the vorticity due to the meridional displacement of the flow at upper levels
286 as a result of the divergence associated with the convection in the tropics. This vorticity disturbance
287 triggers Rossby waves propagating over the extratropics and altering the atmospheric circulation over
288 remote regions.

289

290 In this section, several composites maps have been calculated for each time period and for different
291 variables involved in the above mentioned mechanisms. The expansion coefficient of tropical SSTs
292 (hereinafter U) from each MCA has been used to perform “high minus low” composites maps as the
293 difference between events for which U is greater than (high events), or lower than (low events) an
294 imposed threshold (see section 2).

295

296 The observational results are represented in Figure 5 for N and P periods. In both cases, a warming
297 (cooling) in El Niño and a extratropical horseshoe pattern over the North Pacific (Fig. 5a, b) appears in
298 relation to an anomalous upper level divergence (convergence) over the central equatorial basin (Fig. 5c,
299 d) and a weakening (strengthening) of the subtropical Pacific anticyclone. However, the tropical
300 divergence together with its rotational response is clearly enhanced in P periods (Fig. 5c, d), as a
301 consequence of the stronger El Niño amplitude in decades in which the north Atlantic is cooler than the

302 south Atlantic, as it happens in P periods (Dong et al. 2006; Zhang et al. 2011). In agreement with Wang
303 (2002), El Niño signal over the Pacific appears together with a heating in the Tropical North Atlantic
304 (TNA), in association with a weakening of the Azores high (Fig. 5f). The connection takes place through
305 changes in the Walker and Hadley circulations, as it can be seen by the Atlantic anomalous upper level
306 convergence over South America and divergence over the TNA region (Fig. 5d). As the TNA region
307 highly influences the ENSO-related atmospheric response over the NAE sector (Mathieu et al. 2004), its
308 stronger signal for selected P periods, a time period with a stronger relation of El Niño with the rest of the
309 tropical basins (Losada et al. 2010b, 2012), could explain the non stationary impact of El Niño over the
310 European climate. This feature could, however, be also associated with the multidecadal variability of the
311 Atlantic Warm Pool that is known to vary in phase with the AMO (Wang et al. 2008b). In general, the
312 significant differences identified over the extratropical Atlantic and Pacific suggest a changing influence
313 of the atmosphere on the underlying ocean (Fig. 5a, b). Regarding the tropical Indo-Pacific basin, warmer
314 SSTs are observed in P from the Maritime continent to the Japan Islands. Thus, Rossby Wave Sources
315 over these regions might be intensified in response to the warmer ocean. Moreover, in P as well, a
316 stronger longitudinal gradient seems to take place over the west equatorial Pacific, in agreement with
317 Meng et al. (2012), who have related it to a weakening of the Walker Circulation in association with a
318 warmer Indian ocean. As a consequence of the changes in the tropical upper level divergence, an
319 anomalous rotational circulation appears to balance the variation in the planetary vorticity to preserve the
320 potential vorticity. For both, N and P periods, two twin anticyclones straddling the equator over the
321 tropical Pacific reflect the typical Gill-type atmospheric response to equatorial anomalous heating (Gill
322 1980). However, only for P periods, the wavetrain propagating from the tropical Pacific resembles the
323 well known TNH pattern. Moreover, a strong negative center of action also appears in P over
324 Scandinavia. The whole quadrupolar atmospheric pattern over the North Atlantic-European sector has a
325 quasi-barotropic structure (Fig. 5d, f) except for the Iberian Peninsula center that is not significant at
326 surface levels. This configuration is coherent with the leading mode of upper level streamfunction in
327 mid-winter obtained by García-Serrano et al. (2010), and related to El Niño extratropical rotational
328 atmospheric response. Complementary to that study, in which the stationary behavior is not discussed,
329 this spatial structure (see Figures 1 and 3 of that paper) is found here just for selected P periods. The
330 centre of action located over Scandinavia in P might be due to a split of the ENSO wavetrain originated in
331 the tropical Pacific, as was suggested by García-Serrano et al. (2010) for January-February. The
332 appearance of this pattern over the North Atlantic (Fig. 5d, f), and the role of low frequency changes in
333 the ocean on its nonstationary behavior, will be further analyzed below.

334

335 For N decades, however, in agreement with a weaker heating at surface and a weaker divergent flow at
336 upper levels, the TNH pattern weakens and the resultant configuration over North-Atlantic Europe (Fig.
337 5c) is different. At surface (Fig. 5e), the strong center of action located over the North Sea resembles an
338 atmospheric blocking pattern. Thus, it seems that these blocking structures could be favored in N periods,
339 in agreement with recent results putting forward an enhancement of the frequency of blocking events
340 under positive phases of the AMO (Häkkinen et al. 2011).

341

342 Model results are represented in Figure 6 for N and P periods. Contrary to the observations, the SST
343 patterns and the associated perturbation of the divergent flow are highly similar to each other (Fig. 6a, b).
344 The stronger influence in P of the atmosphere on the extratropical Atlantic and Pacific basins is, however,
345 well reproduced by the model. The significant divergence signal over the North Atlantic, which is found
346 in PICTRL for both N and P, resembles the response found just for P in observations. The significant
347 upper level convergence over the equatorial Atlantic for PICTRL (Fig. 6c, d) appears in relation to an
348 underlying warming (Fig. 6a, b), indicating the dominant influence of the remote warming in comparison
349 with the local warming (which would induce divergence at upper levels). A significant velocity potential
350 signal is also identified in PICTRL over the Indian Ocean, being slightly stronger for P periods. A
351 striking feature is that these similar divergent responses for P and N are related to different rotational
352 responses over the NAES (Fig. 6c, d). Over this region, the wave pattern at upper levels seems to
353 significantly reach the European continent in P, the response being broadly the same as the one identified
354 in observations at surface (Fig. 5f, 6f) and upper levels (Fig. 5d, 6d). Conversely, in N, the North Atlantic
355 region is less perturbed by the TNH pattern and a dipolar configuration emerges at surface (Fig. 6e),
356 resembling an internally driven NAO configuration and not the blocking pattern that appears in the
357 observations (Fig. 5e).

358

359 Previous works have documented changes in the location of the actions centers of the NAO along the 20th
360 century (Hilmer and Jung 2000; Lu and Greatbatch 2002, Vicente-Serrano and López-Moreno 2008).
361 Thus, our results could suggest an additional non-stationary external forcing over the NAES that could
362 contribute to the documented changes in the observed NAO structure.

363

364 In agreement with the above mentioned results, it seems that the model is able to reproduce the observed
365 impact of ENSO over the Northern Hemisphere and the Euro-Mediterranean region, at least, for selected
366 periods (P). However, although the mechanism could be related to the Walker-Hadley atmospheric bridge
367 and the TNH pattern, a different extratropical response occurs in relation to almost the same tropical
368 heating in PICTRL for N periods (see Figure A4 of supplementary material). At this point a question
369 emerges: if the forcing from the tropical Pacific SSTs is considered stationary in PICTRL, why the impact
370 over the European rainfall is so different? A plausible explanation is that the zonal mean flow at upper
371 levels, which influences the propagation of Rossby waves (Hoskins and Ambrizzi 1993), changes due to
372 variations of the low-frequency oceanic forcing. This issue is analyzed in the next section.

373

374 **6. Contribution of mean state changes to the interannual teleconnection**

375

376 As it has been previously shown, tropical heating associated with El Niño is similar in N and P periods
377 for PICTRL, so the distinct signals identified for each kind of period could reasonably be attributed to
378 variations in the mean state. The characteristics of a control simulation make easier the inference of the
379 role of low frequency SST internal variability because external forcings are constant and thus not
380 considered. According to the results obtained in PICTRL, the changes in El Niño teleconnection observed

381 over the North Atlantic and the Euro-Mediterranean region could be explained through changes in the
382 internal mean state (not forced by the GW).

383

384 The rotational flow at upper levels previously plotted in Figures 5d, 6c and 6d is presented in Figure 7 in
385 a north polar stereographic projection, identifying a similar configuration for those periods with a
386 significant divergence flow signal associated with ENSO (P and N in PICTRL and P in observations).
387 Nevertheless, the TNH pattern over the NAE sector is clearly weakened in PICTRL for N periods (Fig.7a),
388 while in P (Fig.7b), the configuration over the North Atlantic is significantly stronger and highly similar
389 with the observations (Fig. 7c). According to the basic Rossby Wave Theory proposed by Hoskins and
390 Ambrizzi (1993), the planetary waves are always refracted towards latitudes with higher Rossby
391 wavenumbers (K_s). As a consequence, positive anomalies of K_s indicate regions with a reinforced
392 waveguide. Thus, the northward displacement of the Indo-Pacific jet in P (Fig. 8a), and its related Rossby
393 waveguide (Fig. 8b), over the North Pacific, can explain the enhanced propagation of the disturbances to
394 higher latitudes for P periods in the model. Hence, a stronger ENSO-related rotational atmospheric
395 pattern over the NAES (Garcia-Serrano et al. 2010) is identified (Fig 7b). This difference could explain
396 the non-stationary impact on rainfall between P and N periods in the model. The rotational flow
397 configuration shown in Figure 7 is also coherent with a remote displacement of the disturbances along the
398 northern hemisphere due to the above-mentioned waveguide effect of the zonal mean flow (Hoskins and
399 Karoly 1981; Branstator 1992, Hsu and Lin 1992; Hoskins and Ambrizzi 1993; Ambrizzi et al. 1995;
400 Branstator 2002). Thus, it seems that a more efficient waveguide effect and so, a stronger hemispheric
401 response, could also contribute in P to the above mentioned ENSO-related rotational impact over the
402 North Atlantic.

403

404 These changes in the zonal mean flow are related to the underlying ocean multidecadal variability (Fig.
405 8c), which signal appears significant over the North Pacific and Atlantic basins, resembling typical
406 multidecadal variability patterns associated with the well known PDO (Mantua et al. 1997) and AMO
407 modes (Knight et al. 2005). As the jet streams are partially caused by the meridional temperature gradient
408 in the earth's atmosphere, a significant change in their location could be expected if the underlying ocean
409 temperature varies along the time. Thus, the non-stationary impact over the NAE sector identified in
410 PICTRL could ultimately be explained by changes in the zonal mean flow forced by the slowly variant
411 component of the ocean.

412

413 The observational results point to the same impact over the NAES for P periods, in agreement with
414 Lopez-Parages and Rodríguez-Fonseca (2012). Some slight differences appear, however, in the location
415 of the extratropical centers of action in PICTRL (Fig. 7b) and observations (Fig. 7c), with a westward
416 displacement in the former case. This fact could be explained by both, the more westerly location of the
417 forcing region (see Fig. 5, 6), and the less elongated Indo-Pacific jet (Fig. 7b, c), in the model.

418

419 **7. Summary**

420

421 In this paper the link between the leading mode of interannual anomalous rainfall in the Euro
422 Mediterranean region and El Niño found in Lopez-Parages and Rodriguez Fonseca (2012) has been
423 further investigated using a long control simulation of the CNRM-CM5 model. The aim of the study is to
424 find if the observed multidecadal modulations of ENSO teleconnections with Europe can be reproduced
425 by the internal low frequency variability of the coupled system without invoking any role for
426 anthropogenic forcing. The study is focused on the late-winter early spring, which is a characteristic
427 season in which ENSO exerts an influence over North Atlantic and Europe (Brönnimann 2007; Zhang et
428 al. 2011). The working hypothesis is that ENSO teleconnections are not stationary and the multidecadal
429 natural variability of the ocean acts as a modulator, in agreement with the results of Lopez-Parages and
430 Rodriguez-Fonseca (2012).

431

432 In this way, the correlation between the observed Euro-Mediterranean rainfall and ENSO is stronger in
433 some decades (P) than in others (N). For P, broadly in coincidence with 20th century negative phases of
434 AMO, an increase of rainfall over central Europe and a decrease over the Mediterranean area occurs
435 jointly with a warming over the tropical Pacific and Indian basins, and a cooling over the Maritime
436 continent. As the correlations obtained evolve in phase with the AMO, which is a natural internal
437 variability mode of the ocean, a long coupled control simulation has been considered as a useful dataset to
438 analyze the internal effect in the observed modulation.

439

440 In particular, the CNRM-CM5 model long control simulation has been used. This model reproduces the
441 observed leading rainfall mode and its non-stationary link with El Niño, confirming in this way that the
442 natural variability has an effect in modulating the impacts of El Niño in the extratropical North Atlantic
443 region.

444

445 In the above-mentioned P periods two dynamical mechanisms are contributing to the ENSO
446 teleconnection. Thus, alteration of the thermally driven direct circulation (Wang et. al 2002), and the
447 ENSO related rotational North Atlantic mode (Garcia-Serrano et al. 2011), significantly affect the surface
448 European rainfall in both, model and observations. The resultant configuration over the NAE sector has
449 been previously associated with a non-stationary forcing from the tropics (Greatbatch et al. 2004), but
450 also with a teleconnection pathway via the stratosphere (Ineson and Scaife 2008). In the latter work it is
451 argued that the response over the NAES in late winter is explained by the occurrence of sudden
452 stratospheric warming's, and so, a good representation of the stratosphere become crucial. Here, the same
453 impact has been reproduced by a model which do not fully represent stratospheres processes ("low-top
454 model"). Then, although the stratosphere could play also an important role, the teleconnection could be
455 reproduced through tropospheric mechanism if the non-stationary features are considered. Nevertheless,
456 this does not exclude a possible significant role for the stratosphere that could be analyzed in a similar
457 setup with high-top models.

458

459 The ENSO related rotational flow impact is modulated, in PICTRL, by changes in the zonal mean flow at
460 upper levels forced by the ocean. Hence, the surface signal over the NAES changes as well, resembling in

461 N periods a negative phase of the NAO. The observed N periods, coinciding with positive phases of the
462 AMO, are characterized by a weakening of the ENSO signal. As a consequence, the previously
463 commented mechanisms are also weakened and, an atmospheric blocking pattern appears in relation to an
464 El Niño signal over the tropical Pacific. This link between ENSO and the enhanced frequency of blocking
465 events under positive phase of AMO (Häkkinen et al. 2011) should be further investigated in the future.

466

467 Although this study is focused on late winter and early spring, non stationarities modulated at
468 multidecadal timescales takes place from autumn to spring (see Fig. 2 of LPRF12). Thus, similar changes
469 in the zonal mean flow forced by the ocean could also explain the changing impact identified in these
470 seasons. This seasonal time difference in the nonstationary ENSO-NAES teleconnection is a task to be
471 further research in future works.

472

473 Our results thus point to an important role (although not unique) of the multidecadal changes in the zonal
474 flow forced by natural internal oceanic variability, in the modulation of El Niño effect on the European
475 rainfall. As a fraction of the oceanic variability is linked to the Atlantic Meridional Overturning
476 Circulation that is projected to weaken in the 21st century, it is possible that the interaction between El
477 Niño and Europe change again in the next decades. Another explanation to the nonstationary impact of
478 the same ENSO signal over the NAES could be related to a changing SSTs background state of the
479 tropical Pacific, which in turn could be also forced by the Atlantic Ocean (Sutton and Hodson 2007). To
480 get further insight into these issues, and to investigate nonlinear responses, sensitivity experiments with
481 General Circulation Models (GCMs) should be done in the future.

482

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490

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724

725 **Figure Captions**

726

727 Figure 1: a) Leading rainfall empirical orthogonal function over the Euro-Mediterranean region (EOF1,
728 standardized rainfall per standard deviation in the associated PC1) b) 21-years sliding windows
729 correlation between the PC1 and tropical SSTs (5°S-5°N) c) Standardized PC1 (blue) and Niño34 (red)
730 Indices. Black boxes in a) indicate the regions used to calculate the rainfall index mentioned in the
731 manuscript (Western Europe minus Western Mediterranean). Statistical significant areas, according to a
732 Monte-Carlo test at the 95% level, are shaded.

733

734 Figure 2: Homogeneous (bottom) and heterogeneous (up) regressions maps of respectively SST (° per std.
735 deviation in U) and rainfall (standardized rainfall per standard deviation in U) onto the MCA SST
736 expansion coefficient (U) obtained for N and P periods. On the left (a, c) the leading covariability mode
737 for observed N periods (1944-1964 & 2003-2008) and, on the right (b, d), the same for observed P
738 periods (1900-1940 & 1965-1984).

739

740 Figure 3: a) Leading empirical orthogonal function in PICTRL over the Euro-Mediterranean region
741 (EOF1, standardized rainfall per standard deviation in the associated PC1). b) 21-years sliding windows
742 correlation between the interannual rainfall PC1 and the Niño3.4 index (dots), and PC1 of an EOF
743 analysis of the low frequency SSTs (black line, for which only higher periods than 13 years have been
744 considered). Fill dots and shaded areas represent 95% significance according to a Monte-Carlo test.

745

746 Figure 4: Same as Fig. 2 but for the long control run in the model CNRM-CM5 (PICTRL).

747

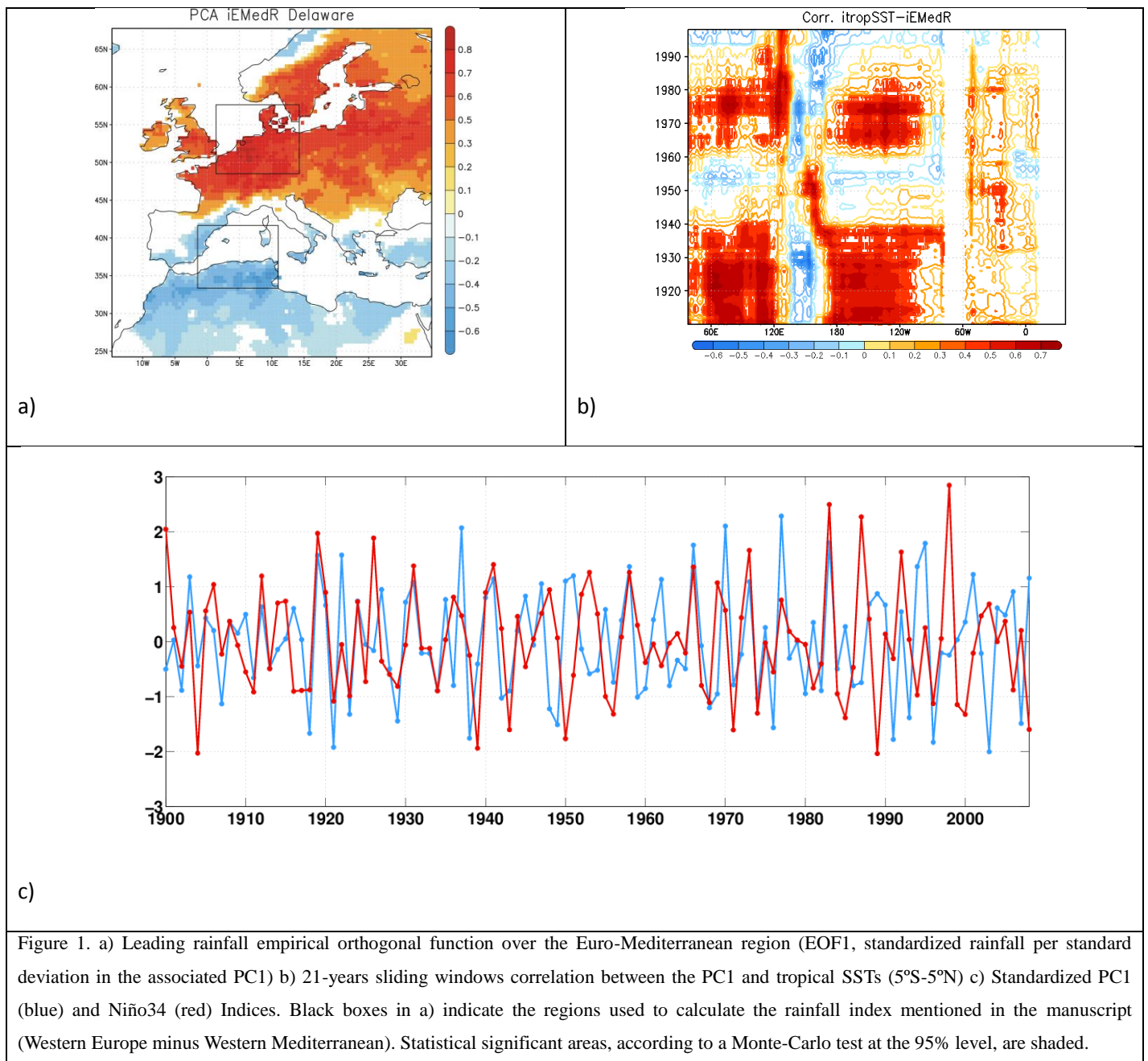
748 Figure 5. High (higher than 0.75) minus low (lower than -0.75) composites maps, in N and P periods,
749 based on the first SST MCA standardized expansion coefficient U for a)b) HadISST (°), c)d) Potential
750 velocity (in colour, $10^5 m^2 s^{-2}$), streamfunction (black contours, $ci = 10^6 m s^{-2}$), and divergent wind
751 (arrows, $m s^{-1}$) at 200 hPa, and e)f) Sea Level Pressure (Pa). Statistical significant areas, according to a
752 Monte-Carlo test at the 95% level, are shaded. In figures 5c-d only the 95% significant streamfunction is
753 contoured (being solid lines positive values and dashed lines negative ones).

754 Figure 6: Same as Fig. 5 but for the long control run in the model CNRM-CM5 (PICTRL). Here, higher
755 values than 1 ($U > 1$ standard deviation) and lower values than -1 ($U < -1$ standard deviation) have been
756 considered for the composites maps.

757

758 Figure 7: Same composites maps of streamfunction (shaded; $10^7 m s^{-2}$) as in a) Figure 6c, b) Figure 6d,
759 and c) Figure 5d. In contours the zonal mean flow at 200 hPa (contours, $ci = 5 m s^{-2}$), being the
760 maximum and minimum value represented 10 and $50 m s^{-2}$ in each case.

761 Figure 8: High (P periods) minus low (N periods) significant composites maps in PICTRL for a) zonal
762 mean flow at 200 hPa ($m s^{-2}$), b) mean squared Rossby wavenumber at 200 hPa ($Ks2$) and c) SST ($^{\circ}$).
763 The climatological zonal mean flow (a) and the climatological mean squared Rossby wavenumber (b) at
764 200 hPa are also shown in contours levels, being the maximum and minimum value represented 20 and
765 $50 m s^{-2}$ ($ci= 5 m s^{-2}$) in the former case, and 10 and 50 ($ci=5$) in the latter case. Only the 90 %
766 statistical significant areas, according to the Wilcoxon-Mann-Whitney test, are plotted.



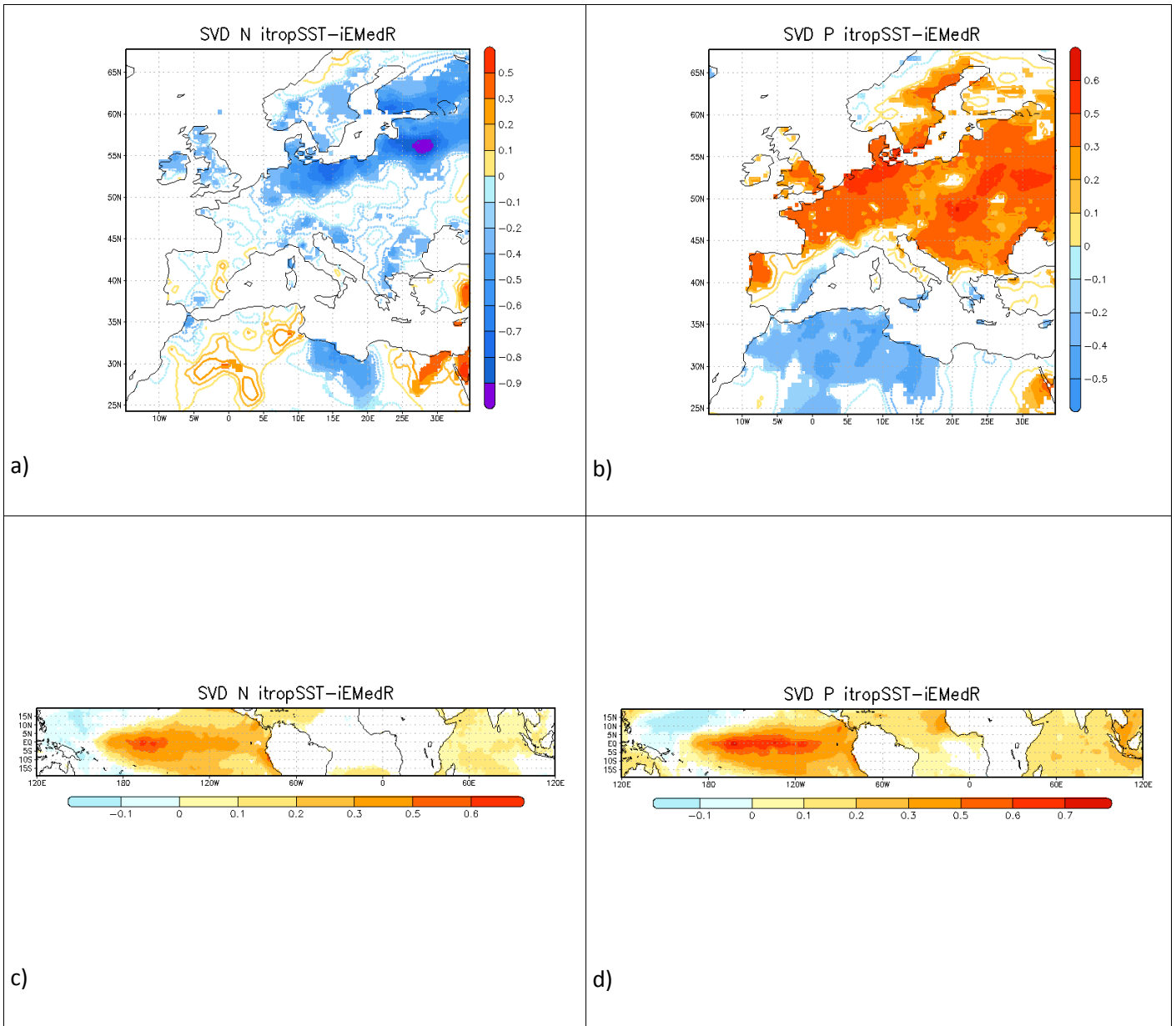
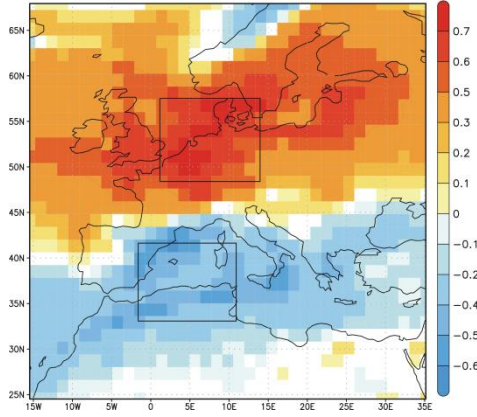
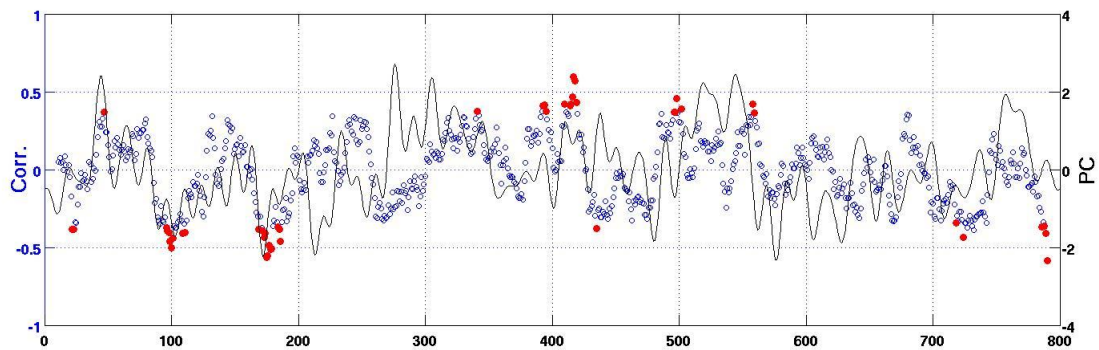


Figure 2. Homogeneous (bottom) and heterogeneous (up) regressions maps of respectively SST ($^{\circ}$ per std. deviation in U) and rainfall (standardized rainfall per standard deviation in U) onto the MCA SST expansion coefficient (U) obtained for N and P periods. On the left (a, c) the leading covariability mode for observed N periods (1944-1964 & 2003-2008) and, on the right (b, d), the same for observed P periods (1900-1940 & 1965-1984).

PCA iEMedR CNRM 800y



a)



b)

Figure 3. a) Leading empirical orthogonal function in PICTRL over the Euro-Mediterranean region (EOF1, standardized rainfall per standard deviation in the associated PC1). b) 21-years sliding windows correlation between the interannual rainfall PC1 and the Niño3.4 index (dots), and PC1 of an EOF analysis of the low frequency SSTs (black line, for which only higher periods than 13 years have been considered). Fill dots and shaded areas represent 95% significance according to a Monte-Carlo test.

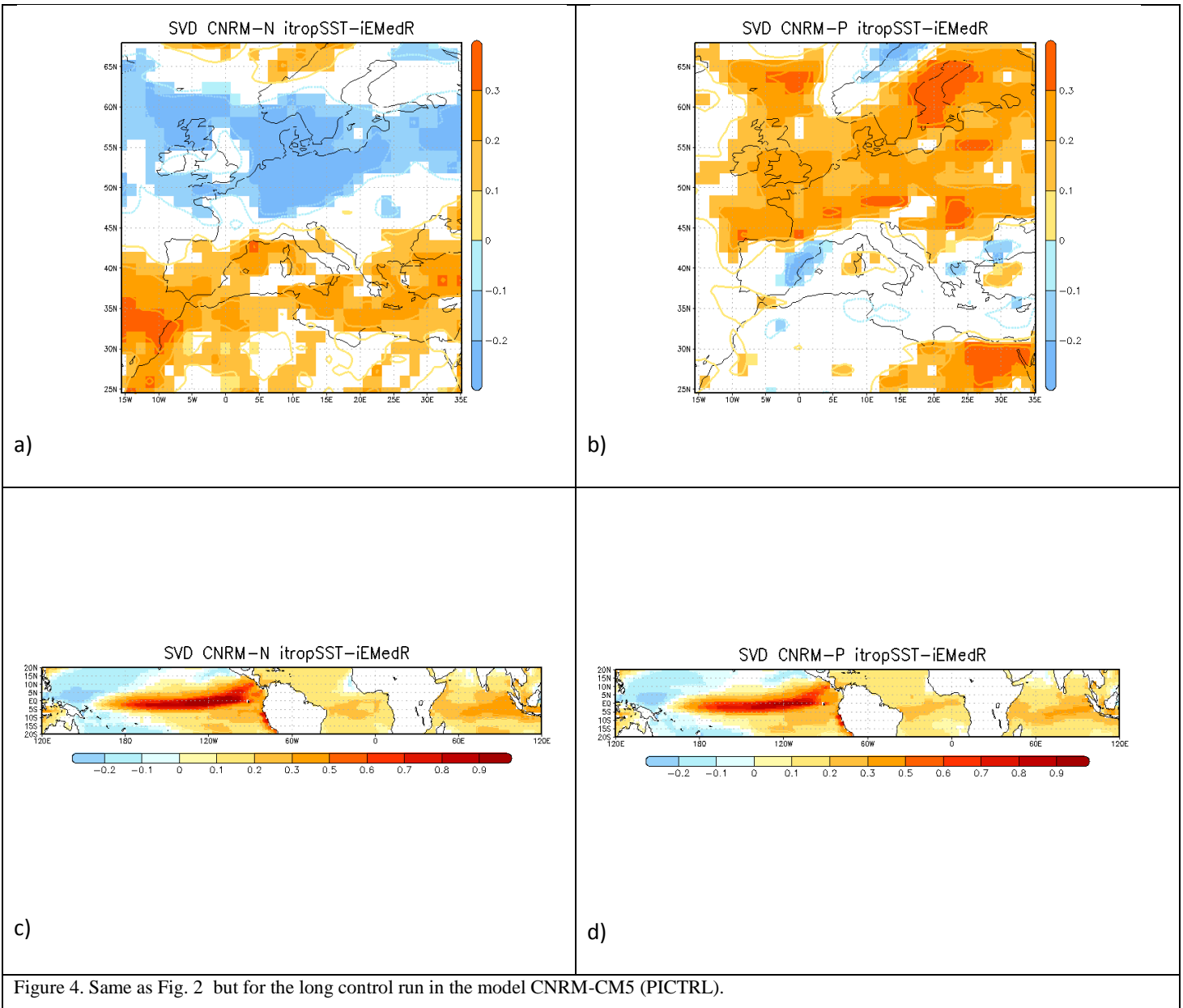


Figure 4. Same as Fig. 2 but for the long control run in the model CNRM-CM5 (PICTRL).

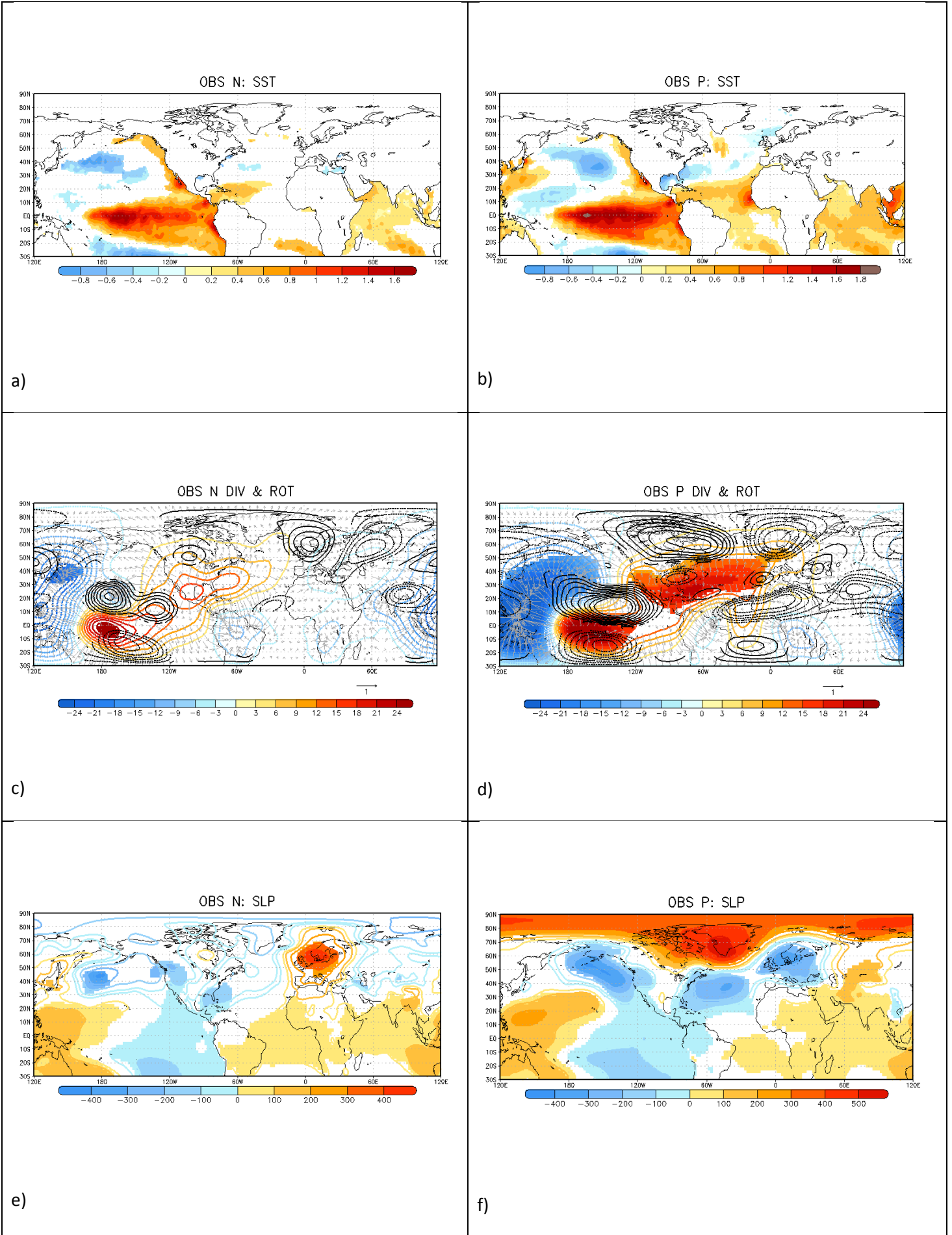
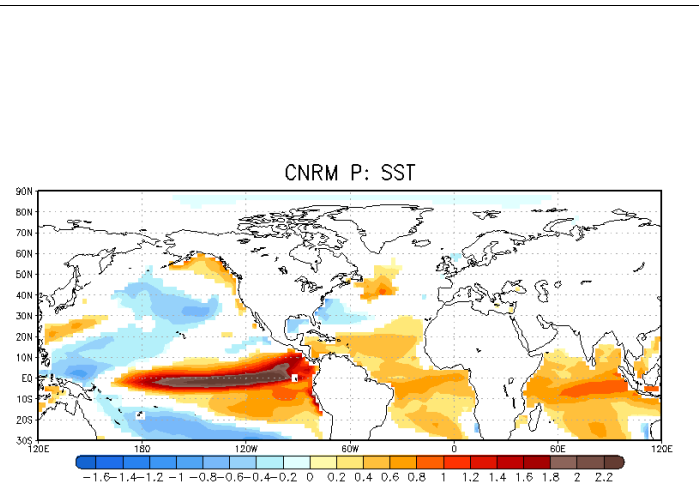
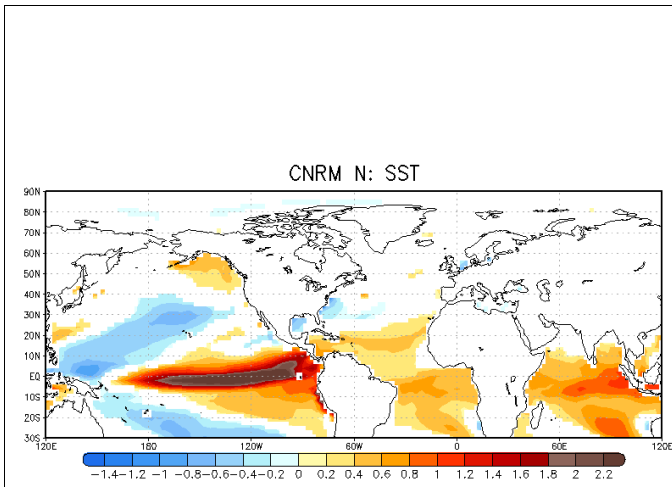


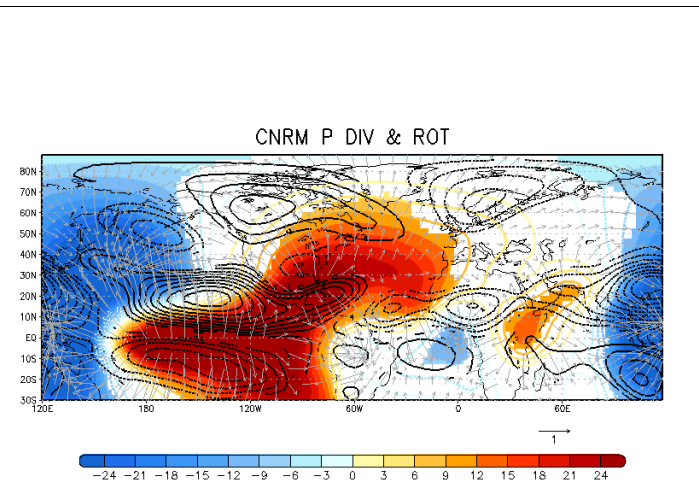
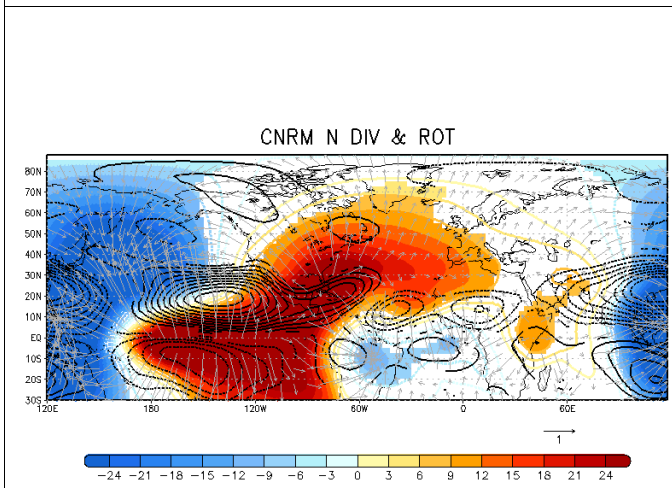
Figure 5. High (higher than 0.75) minus low (lower than -0.75) composites maps, in N and P periods, based on the first SST MCA standardized expansion coefficient U for a)b) HadISST ($^{\circ}$), c)d) Potential velocity (in colour, $10^5 m^2 s^{-2}$), streamfunction (black contours, $ci = 10^6 m s^{-2}$),

and divergent wind (arrows, $m s^{-1}$) at 200 hPa, and e)f) Sea Level Pressure (Pa). Statistical significant areas, according to a Monte-Carlo test at the 95% level, are shaded. In figures 5c-d only the 95% significant streamfunction is contoured (being solid lines positive values and dashed lines negative ones).



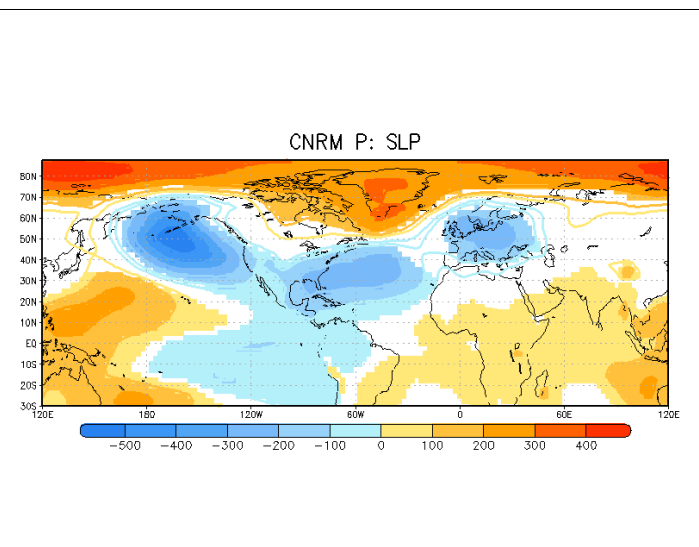
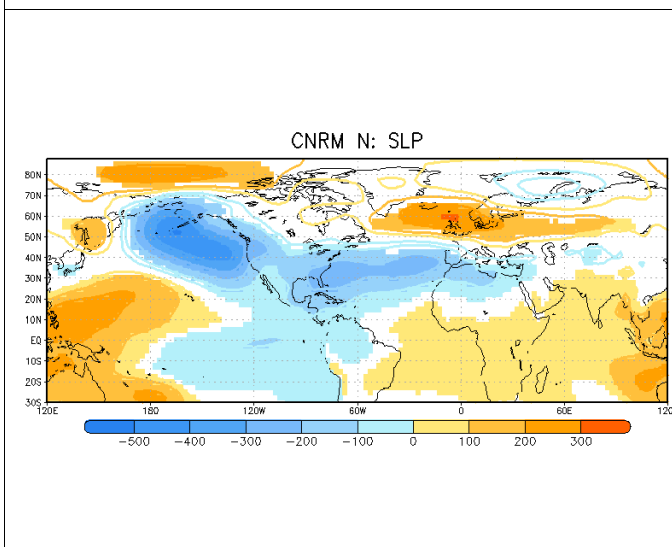
a)

b)



c)

d)



e)

f)

Figure 6. Same as Fig. 5 but for the long control run in the model CNRM-CM5 (PICTRL). Here, higher values than 1 ($U > 1$ standard deviation) and lower values than -1 ($U < -1$ standard deviation) have been considered for the composites maps.

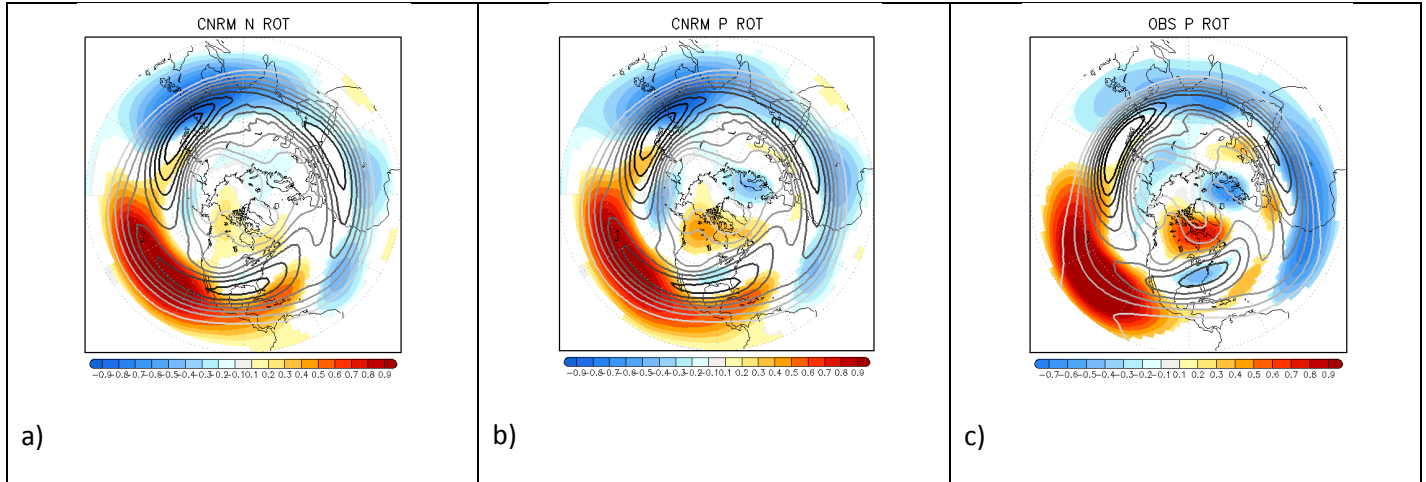


Figure 7: Same composites maps of streamfunction (shaded; $10^7 m s^{-2}$) as in a) Figure 6c, b) Figure 6d, and c) Figure 5d. In contours the zonal mean flow at 200 hPa (contours, $ci=5 m s^{-2}$), being the maximum and minimum value represented 10 and 50 $m s^{-2}$ in each case.

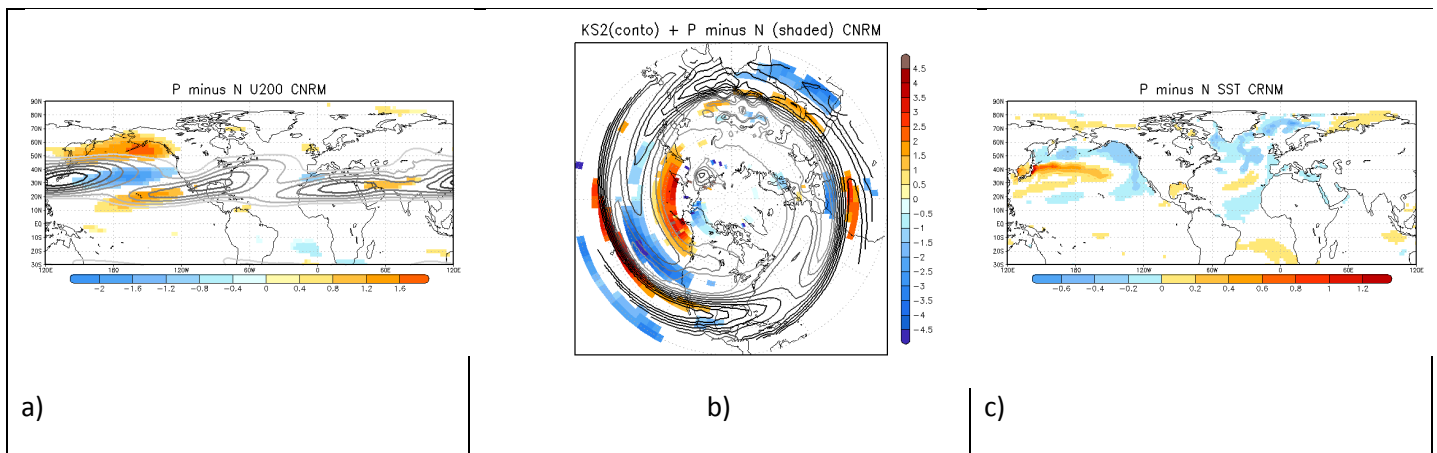


Figure 8. : High (P periods) minus low (N periods) significant composites maps in PICTRL for a) zonal mean flow at 200 hPa ($m s^{-2}$), b) mean squared Rossby wavenumber at 200 hPa ($Ks2$) and c) SST ($^{\circ}$). The climatological zonal mean flow (a) and the climatological mean squared Rossby wavenumber (b) at 200 hPa are also shown in contours levels, being the maximum and minimum value represented 20 and 50 $m s^{-2}$ ($ci=5 m s^{-2}$) in the former case, and 10 and 50 ($ci=5$) in the latter case. Only the 90 % statistical significant areas, according to the Wilcoxon-Mann-Whitney test, are plotted.

Electronic Supplementary Material

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