

Bio: Dr. Francisco Jesús Márquez Lanza is an occupational therapist with a degree in Psychology. Dr. Lanza has 25 years of clinical OT experience in Dementia and Mental Health Services. He is an OT Professor at Malaga University since the beginning of the OT program in 2006. He was the President of the Andalucía OT Association for five years. He is the Director of the International Cooperation Project between Malaga University and Morocco.

Title: Analyzing Occupations in Order to Change Human's Behaviors and Habits

Abstract:

Through clinical experience, observation, and analysis of everyday occupations, specifically the basic one, occupational therapy practitioners are key to get any change in human behaviors or maladaptive habits. By changing or adapting daily activities and transforming them into adjusting habits we can help our clients change their behaviors and thinking.

The future of our OT profession is to investigate, educate, and intervene in the basic "Everyday Occupations" because OT practitioners have the knowledge and the training to intervene in populations with different background and cultures.

Objectives:

After attending this presentation, attendees will be able to:

- 1) Reflect on new fields of OT interventions
- 2) Reflect on "After all, we are what we do to change who we are. (Eduardo Galeano)"
- 3) Analyze "Are the basic activities of daily living really transversal and universal?"