



## ENPODHE 2019 Congress in Brussels

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DE MÁLAGA

# The influence of childhood obesity on spatio-temporal gait parameters

**ENPODHE**

EUROPEAN NETWORK  
OF PODIATRY IN  
HIGHER EDUCATION

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# Childhood Obesity and Gait Parameters

INTRO

METHODS

RESULTS

DISCUSSION

CONCLUSION

## Overweight and obesity in 6–12 year old children in Switzerland

Michael B. Zimmermann<sup>a</sup>, Carolyn Gübel<sup>b</sup>, Claudia Püntener<sup>b</sup>, Luciano Molinari<sup>c</sup>

<sup>a</sup> Laboratory for Human Nutrition, Institute for Food Science and Nutrition, Swiss Federal Institute of Technology, Zurich, Switzerland

<sup>b</sup> Institute for Pharmaceutical Science, Swiss Federal Institute of Technology, Zurich, Switzerland

<sup>c</sup> Department of Growth and Development, University Children's Hospital, Zurich, Switzerland

## Global prevalence and trends of overweight and obesity among preschool children

Mercedes de Onis , Monika Blössner, Elaine Borghi

*The American Journal of Clinical Nutrition*, Volume 92, Issue 5, 1 November 2010, Pages 1257–1264, <https://doi.org/10.3945/ajcn.2010.29786>



# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS DISCUSSION CONCLUSION

**Changes of intersegment angular motion of the body during gait.**

*Strutzenberger G. 2011; Shultz SP. 2014; Mahaffey R. 2016*

**Pogression of angular deformities in varus/valgus of the knee.**

*Mc Millan AG. 2010*

**An increased risk of osteoarthritis in adulthood.**

*Strutzenberger G. 2011; Shultz SP. 2014-Clin.*

**A less walking stability in obese children than those with normal weight.**

*Yan S. 2013*

**Obese children need to produce more energy in the joints of lower limbs.**

*Shultz SP. 2014*

**Other...**



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# Childhood Obesity and Gait Parameters

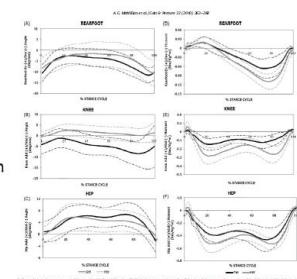
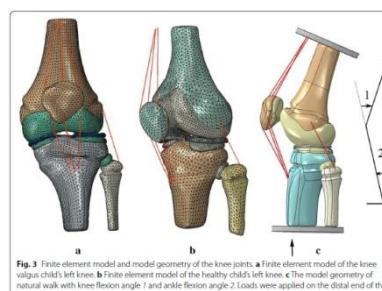
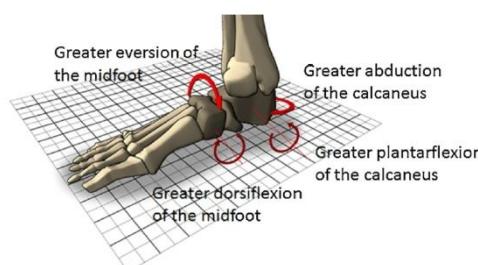
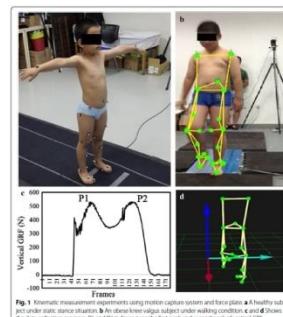
## INTRO

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Full length article  
Is the reliability of 3D kinematics of young obese participants dependent on the hip joint center localization method used?  
Brian Horsch<sup>a,\*</sup>, Caterine Schwab<sup>a</sup>, Christoph Clemens<sup>b</sup>, Arnold Bac<sup>a</sup>, Susanne Greber-Platzer<sup>c</sup>, Alexandra Kreissl<sup>c</sup>, Andreas Kraut<sup>c</sup>  
<sup>a</sup> St. Pölten University of Applied Sciences, Department of Physiotherapy, Austria  
<sup>b</sup> University of Applied Sciences, Department of Biomechanics, Knowledge and Applied Computer Science, Austria  
<sup>c</sup> Medical University Vienna, Department of Pediatrics and Adolescent Medicine, Austria  
Orthopaedic Hospital Vienna Spiring, Laboratory of Gait and Movement Analysis, Austria

Sun et al. *BioMed Eng OnLine* 2016, **15**(Suppl 2):158  
DOI 10.1186/s12938-016-0253-3

**BioMedical Engineering OnLine**



Finite element analysis of the valgus knee joint of an obese child  
Jun Sun<sup>1,2</sup>, Songhua Yan<sup>1,2</sup>, Yan Jiang<sup>1</sup>, Duo Wai-chi Wong<sup>3</sup>, Ming Zhang<sup>3</sup>, Jizhou Zeng<sup>4</sup> and Kuan Zhang<sup>1,2\*</sup>

*Gait & Posture* 32 (2010) 263–268  
Contents lists available at ScienceDirect  
**Gait & Posture**  
journal homepage: [www.elsevier.com/locate/gaitpost](http://www.elsevier.com/locate/gaitpost)

Sagittal and frontal plane joint mechanics throughout the stance phase of walking in adolescents who are obese  
A.G. McMullan<sup>a,b,\*</sup>, A.M.E. Pulver<sup>a</sup>, D.N. Collier<sup>b</sup>, D.S.B. Williams<sup>a</sup>

<sup>a</sup> Department of Physical Therapy, 2410B Health Sciences Building, East Carolina University, Greenville, NC 27854, United States  
<sup>b</sup> Department of Pediatrics, Brody School of Medicine at East Carolina University, Greenville, NC, United States



Full length Article  
The impact of body fat on three dimensional motion of the paediatric foot during walking  
Ryan Mahaffey<sup>a,c,\*</sup>, Stewart C. Morrison<sup>b</sup>, Paul Bassett<sup>b</sup>, Wendy I. Drechsler<sup>a</sup>, Mary Cramp<sup>d</sup>  
<sup>a</sup> School of Health, Sport and Biosciences, University of East London, Stratford, London E15 4QZ, England  
<sup>b</sup> School of Health Sciences, University of Brighton, Brighton, UK  
<sup>c</sup> Correspondence to: All Liverpool Lanes, Liverpool, L8 4HN, England  
<sup>d</sup> Department of Allied Health Professions, Gisela Campus, University of West England, Blackberry Hill, Bristol BS16 1DD, England



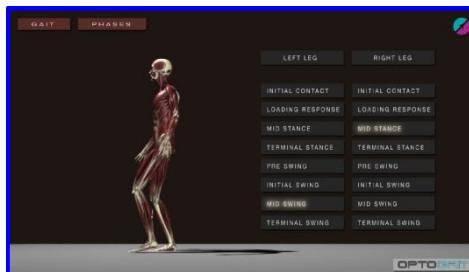
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# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS DISCUSSION CONCLUSION

## Optogait Photoelectric System



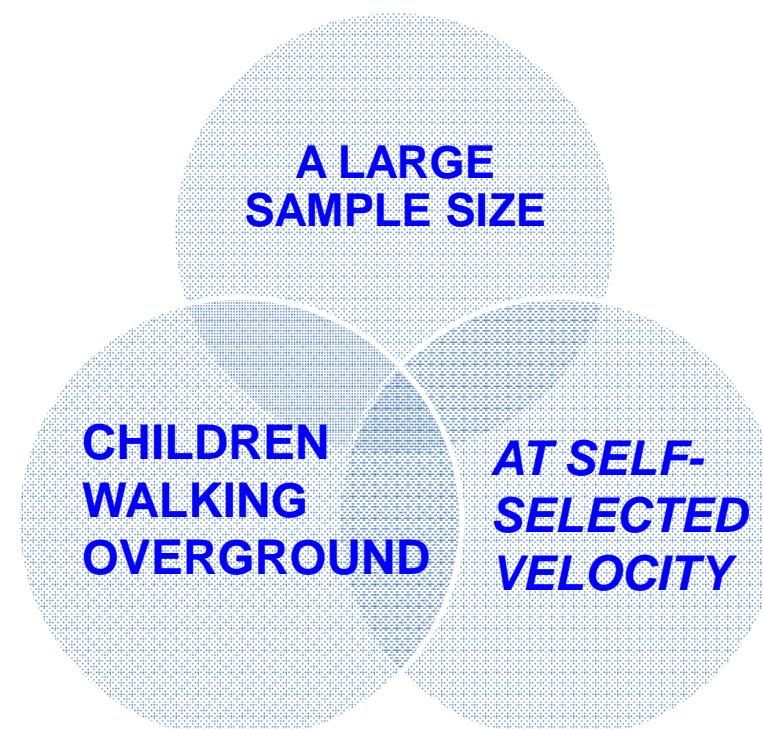
Validity of the Optogait photoelectric system for the assessment of spatiotemporal gait parameters

Karin Lienhard, David Schneider, Nicola A. Maffuletti\*  
Neuromuscular Research Laboratory, Schafles Clinics, Zurich, Switzerland



Full length article  
Reliability of the OptoGait portable photoelectric cell system for the quantification of spatial-temporal parameters of gait in young adults

## CIRCUMSTANCES OF THE STUDY





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# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS DISCUSSION CONCLUSION

The document is a scanned copy of a formal report. At the top, it features the logos of the University of Málaga, Andalucía Tech, and the Ethics Committee. It includes the title 'INFORME DEL COMITÉ ÉTICO DE EXPERIMENTACIÓN DE LA UNIVERSIDAD DE MÁLAGA' and the identifier 'Nº: 301 - Nº de Registro CEUMA: 91-2016-H'. The report details the review of a project by the Ethics Committee on December 9, 2016, and concludes with favorable findings and the signature of the Vice-Rector for Research and Transfer and the President of the Ethics Committee.

## Ethical Issues:

Parents provided signed consents.

Ethics Committee of the University of Malaga. CEUMA 91/2016-H)

Declaration of Helsinki.



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# Childhood Obesity and Gait Parameters

INTRO

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## Participants:

N=238 participants, 7 to 11 years old

Inclusion/Exclusion criteria

Primary schools.



INTRO

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## Data Collection:

Anthropometrics variables.

Body Mass Index. Classification. *Sobradillo 2004*

### BMI classifications by age

Age(y)	n (%)	Underweight (n/%)	Normalweight (n/%)	Overweight (n/%)	Obese (n/%)
7	35/14.70	-	28/11.70	07/02.94	-
8	45/18.90	1/0.42	25/10.50	06/02.52	13/05.46
9	44/18.48	-	22/09.24	11/04.62	11/04.62
10	57/23.94	2/0.84	32/13.44	09/03.78	14/05.88
11	57/23.94	-	29/12.18	12/05.04	16/06.72



INTRO    **METHODS**    RESULTS    DISCUSSION    CONCLUSION

## Data Collection:

Spatio-temporal variables were collected by Optgait system

***Stance phase   Swing phase   Single support   Double support***  
***Step length   Step time   Load response phase   Pre-swing phase***  
***Contact phase   Foot flat phase   Propulsive phase   Gait cycle***  
***Stride length   Speed   Acceleration   Cadence   Total distance.***



# Childhood Obesity and Gait Parameters

INTRO

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## Statistical Analysis:

Exploratory analysis by Kolmogorov-Smirnov

Bivariate analysis by Student's Test

Multivariate by ANOVA

In addition...

Levene Test

Browne-Forsythe Test (Robustness)

Bonferroni Test (Post-hoc)



# Childhood Obesity and Gait Parameters

## INTRO METHODS RESULTS DISCUSSION CONCLUSION

Anthropometric characteristics of the sample by gender.								
		95% Confidence Interval						
		Mean	Lower	Upper	SD	Min.	Max.	S. Err.
Age (years)	Female	9,29	9,03	9,55	1,40	7	11	0,1310
	Male	9,19	8,94	9,43	1,38	7	11	0,1240
Height (m)	Female	1,3701	1,3454	1,3948	0,1332	1,10	1,69	0,0124
	Male	1,3539	1,3341	1,3736	0,1111	1,09	1,59	0,0099
Weight (kg)	Female	39,30	36,92	41,67	12,78	19	82	1,197
	Male	38,55	36,30	40,81	12,68	19	86	1,139
Body Mass	Female	20,41	19,69	21,13	3,89	14,75	32,55	0,3646
Index (kg/m <sup>2</sup> )	Male	20,54	19,77	21,31	4,33	13,77	36,18	0,3895



# Childhood Obesity and Gait Parameters

INTRO METHODS **RESULTS** DISCUSSION CONCLUSION

No statistical differences related to spatial parameters.

Temporal parameters with  $p<0.05$  in obese and overweight children.

***Stance phase   Swing phase   Single support   Double support***  
***Step length   Step time   Load response phase   Pre-swing phase***  
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# Childhood Obesity and Gait Parameters

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# Childhood Obesity and Gait Parameters

## INTRO METHODS RESULTS DISCUSSION CONCLUSION

			Phases of gait with significant differences in relation to BMI			
			p	95% Interval	Confidence	
Dependent Variables			Mean Difference		Lower Bound	Upper Bound
Load Response_t	Normalweight	Overweight	-.021	0.468	-.05	.01
		Obese	-.032	0.016	-.06	.00
Load Response_l	Normalweight	Overweight	-.014	0.011	-.03	.00
		Obese	-.024	0.000	-.03	-.01
Load Response_r	Normalweight	Overweight	-.023	0.383	-.06	.01
		Obese	-.034	0.011	-.06	-.01
Stance Phase_t	Normalweight	Overweight	-.029	0.080	-.06	.00
		Obese	-.044	0.000	-.07	-.02
Stance Phase_l	Normalweight	Overweight	-.027	0.136	-.06	.00
		Obese	-.045	0.000	-.07	-.02
Stance Phase_r	Normalweight	Overweight	-.032	0.050	-.06	.00
		Obese	-.044	0.000	-.07	-.02
Pre Swing_t	Normalweight	Overweight	-.014	0.007	-.03	.00
		Obese	-.025	0.000	-.04	-.02
Pre Swing_l	Normalweight	Overweight	-.015	0.005	-.03	.00
		Obese	-.026	0.000	-.04	-.02
Pre Swing_r	Normalweight	Overweight	-.013	0.019	-.03	.00
		Obese	-.024	0.000	-.03	-.01



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# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS **DISCUSSION** CONCLUSION

## PREVIOUS STUDIES. SIGNIFICANT RESULTS:

### **3-D Analysis and Force platforms:**

Stance phase, Step width, Pre-swing phase

*Mahaffey R. 2016, Mc Millan AG. 2010, Cimolin V. 2015, Huang L. 2013, Hung Y-C. 2013*

### **Photoelectric systems:**

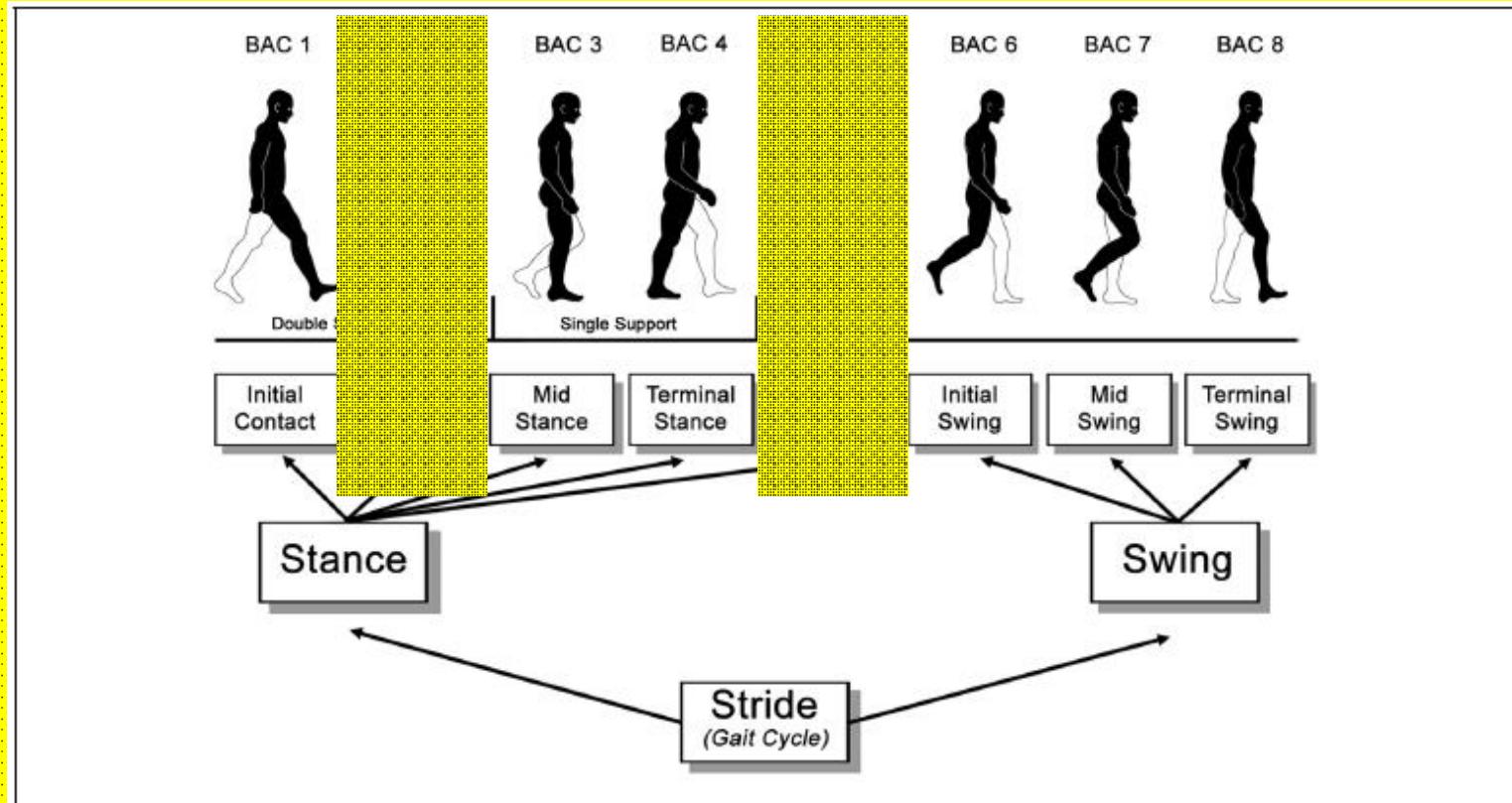
Stance phase, Pre-swing phase

*Beulertz J. 2016, Galli M. 2015*



# Childhood Obesity and Gait Parameters

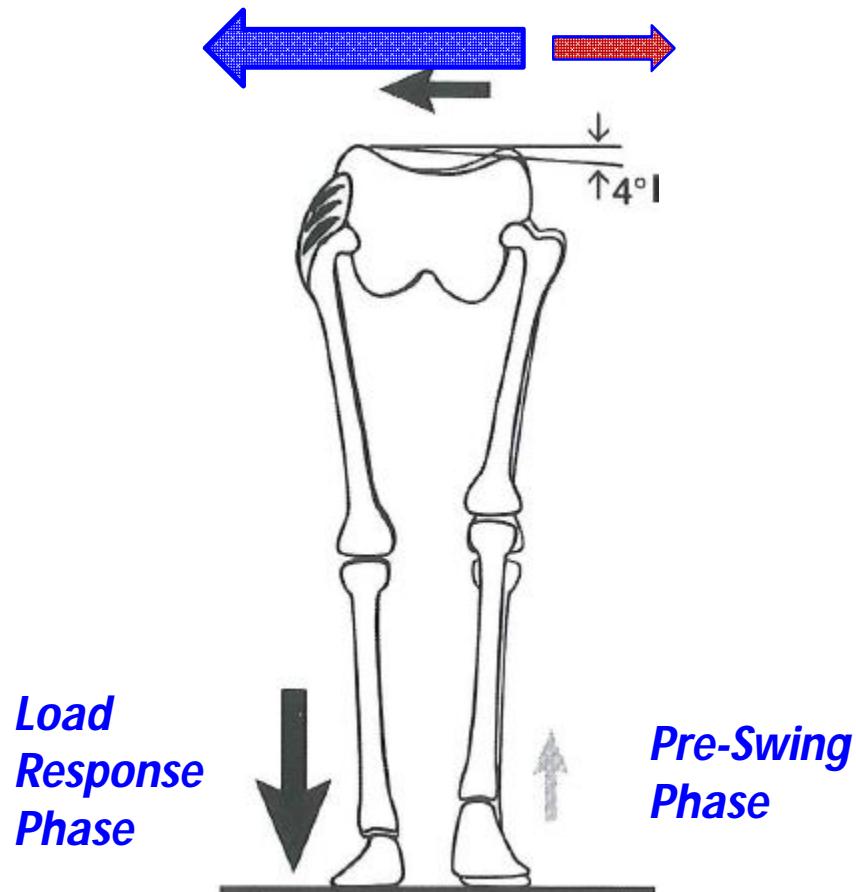
## INTRO METHODS RESULTS DISCUSSION CONCLUSION





# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS DISCUSSION CONCLUSION



## Gait strategy with obesity:

Optimization of energy consumption

Balance stabilization

Prevention of falls.

D'Hondt E. 2011

Pau M. 2012

Yan S. 2013

Pathare N. 2015

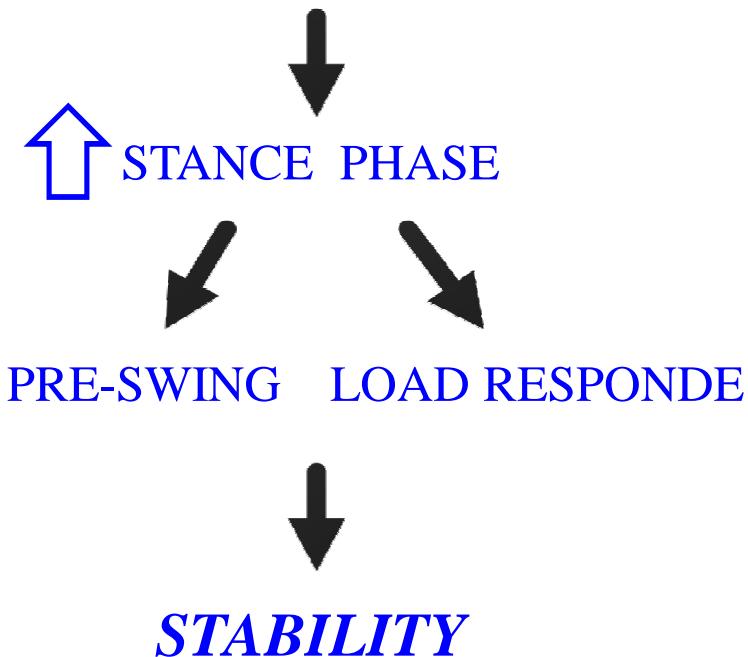
Villarrasa-Sapiña I. 2016



# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS DISCUSSION CONCLUSION

*Obesity influences Spatio-temporal  
Gait Parameters of Children*





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# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS DISCUSSION CONCLUSION

*Thank you!*



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# Childhood Obesity and Gait Parameters

INTRO METHODS RESULTS DISCUSSION CONCLUSION